



# MyCareerBuddha

IDENTIFY YOUR INBORN TALENTS

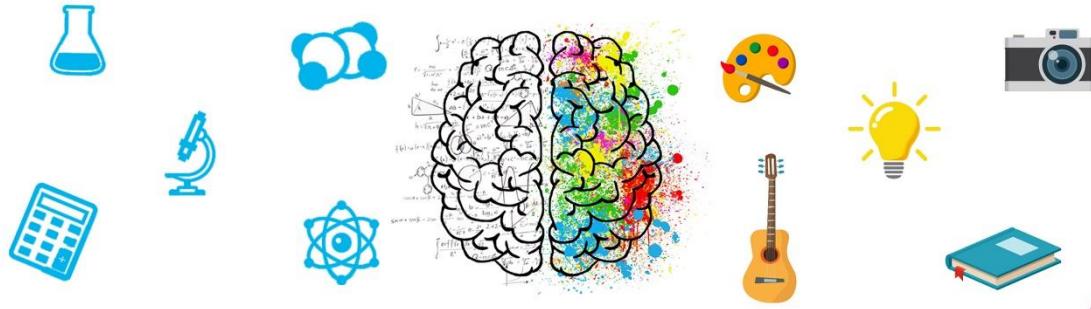
Visit Us [www.surekhabhosale.com/mycareerbuddha](http://www.surekhabhosale.com/mycareerbuddha)

INTELLIGENCE ANALYSIS | COUNSELLING | MENTORING

## DERMATOGLYPHICS MULTIPLE-INTELLIGENCE ANALYSIS (DMIA)



DISCOVER  
GENIUS  
WITHIN YOU



### HO: VASAI STATION

204,207, Vardhman Shopping Center,  
Above Tugareshwar Sweet Mart,  
Vasai Stn (W) - 401202

Mob.: +91 8149688117

### VASAI GAON

C-104, Vasai Tower Building,  
Opp. Vasai Bus Depto.,  
Vasai- (W) - 401201

Mob.: +91 8149788117



BY SUREKHA BHOSALE

Name	Test
Parent's Name	
Gender	Male
Date of Birth	
Address	
Contact Number	
Counsellor Name	
Counsellor Address	
Counsellor Company Name	
Counsellor Contact Number	
Analysis No	
Source ID	



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Request for Parents/ Teachers

The content of the report should be reviewed and understood by the parents /teacher before any discussion with their children. It is our sincere request that you use the report and its findings to make the life of your child stress free and help him/her to discover true inner potential and talents. We wish you and your child the very best...!

## Disclaimer

The information provided in this analysis belongs to its owner only. In case of a minor, the rights of information are with his legal guardian. By agreeing to this analysis, you are giving your fingerprints voluntarily and in case of minor, you are representing him/her as a legal guardian or parent. It is also understood that these fingerprints are used only for analyzing and preparing this report. The content of this analysis is only for reference, based on the scientific research in the field of Dermatoglyphics and statistical study conducted based on the finger print analysis. The decision to follow any instruction, advise, suggestion or recommendation completely depends upon you and you will be solely responsible for the consequences of the same. We as an organization or any of its representatives are not responsible for any consequences under any circumstance. Before taking any crucial decision, please refer to your family doctor, psychiatrist or psychologist. The results are only indicative and the company or any authorized representative of the company shall in no case be liable for failure in any particular course of study or activity recommended in the report or any important decisions taken based on this report. Thus, it should not be used as a standalone instrument for any important decision-making.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Welcome

Dear, Test

At the beginning, let us take this opportunity to compliment you for taking such a great initiative of going for DMIT, Congratulations!

We emphatically believe that every person is born with an Inborn Talent and Multiple Intelligence. And if one can recognize his/her Inborn Talent then he/she can expand upon it and can surely shine in life. However, most people fail to identify their Innate potential due to which they make the wrong decisions in choosing their career and extra-curricular activities. This analysis will clearly highlight your true ability, multiple intelligences, favored learning style, and level of various quotients, personality attributes and behavior, your strength & weaknesses, and also the way to build up the ideal intelligence. This analysis reveals the inborn characteristics however over a period of time with sustained efforts one can acquire the desired skills but there will not be a great difference between inborn and gained.

As per Dr. Albert Einstein, everyone is a Genius yet on the off chance that you judge a fish on its ability to climb a tree, it will live its whole life believing it is idiotic. We encourage you to understand that everyone has a different ability or particular talent. Often, comparing yourself with another person's abilities might mean overlooking what it is you are naturally more suited towards doing. In other words, stop being a fish attempting to climb a tree and embrace your fishiness. The fact of the matter is that we are not all made to be theoretical physicists. Focus on what you're good at, work hard for what you need, and don't beat yourself up when you can't do everything perfectly.

Our exceptionally trained and skilled counselors will interpret this report in the detail and will gladly respond to any query and all questions that you may have and provide you with remedies, if required.

Once again, we personally thank you and congratulate you for taking this choice and we guarantee you that will have an awesome and remarkable pleasant experience with this product.

-----



@SurekhaBhosaleCoach



surekhahbhosale

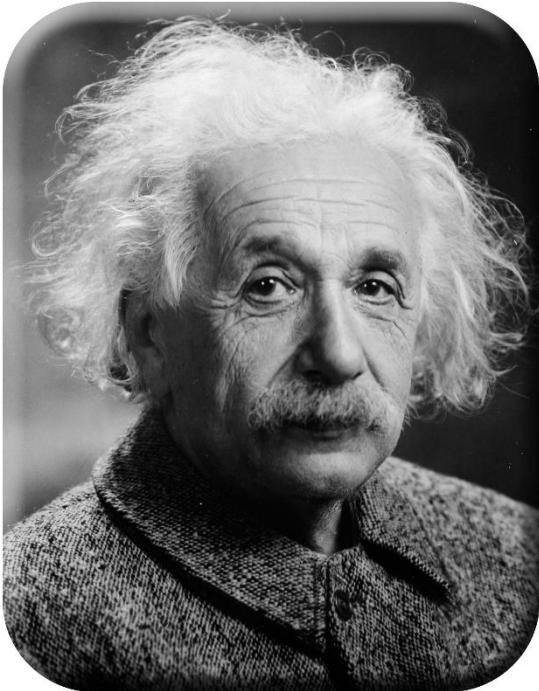


Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)



“ Everybody is a Genius. But If You Judge a Fish by Its Ability to Climb a Tree, It Will Live Its Whole Life Believing that It is Stupid ”

- ALBERT EINSTEIN

Nurturing is a very important aspect and it must be synchronised accurately.

To discover the GENIUS within you one must **Nurture the Nature** as it is greater than ones potential.



**Finally, GENIUS is Discovered**



**Further nurturing by Parents, Teachers and People**



**Identify Nature Accurately**



**Baby has its Innate Potential – Nature**

**Baby is born**

## Development of Dermatoglyphics Research

### 1823 John E. Purkinji

Professor of anatomy at the University of Breslau published his thesis researching of fingerprint patterns classification, consisting of nine print categories.

### 1892 Sir Francis Galton

A British Anthropologist cousin of Charles Darwin. He published his first landmark publication "Finger Prints" scientifically establishing the individuality and permanence of fingerprints. The book included the first practical classification system of fingerprint identification, responsible for basic nomenclature (arch, loop, whorl), Opening up the door to anthropology.

### 1920 Elizabeth Wilson

Started analysing the status of brain scientifically in the University of Columbia by using statistics to check the difference between people with schizophrenia, low intelligence and normal people.

### 1926 Harold Cummins, M.D. aka. The Father of Dermatoglyphics

Studied all aspects of fingerprint analysis, from anthropology to genetics to embryology. He established the theory of Dermatoglyphics in 1926 after researching on existing research with other scientists, standardizing the definition of Dermatoglyphics which is commonly used today. Dermatoglyphics officially became a professional knowledge in the field of research.

### 1930 Society for the Study of Physiological Patterns

Started the study of the five types of fingerprints and their unique personality traits (SSPP Physiology society).

### 1944 Dr. Julius Spier

Published the hands of children and analyzed children's psychological personality development using the Dermatoglyphics method.

### 1950 Dr. Penfield

Canadian brain surgeon professor pointed out that the close link and relationship between fingerprints and the brain.

### 1958 Noel Jaquin

Researched and found that each fingerprints corresponds to each type of personality.

### 1968 Sarah Holt

Whose own work 'The Genetics of Dermal Ridges' published in 1968, Summarizes her research in dermatoglyphics patterns of both the fingers and the palm in various people, both normal and congenitally afflicted.

### 1970 USSR

Former Soviet Union. Using Dermatoglyphics in selecting the contestant for Olympics.

### 1980's China

Carried out research work on human potential, intelligence and talents through dermatoglyphics and human genome perspective.

### 1985 Dr. Chen Yi Mou PhD of Harvard University Research Dermatoglyphics

Based on Multiple Intelligence theory of Dr. Howard Gardner, First applied dermatoglyphics to educational fields and brain physiology.

### 1987-1993 FitzHerbert

The significant figure for the scholastic research for skin grains, FitzHerbert published over 300 thesis on the relationship of Dermatoglyphics, Anthropology, Anatomy and Medical.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

# index

No.	Name.	Page No.
1	MY CAREER BUDDHA – DMIT Introduction	8
2	How to Interpret This Report	9
3	Brain Lobes Functions and TFRC Distribution Map	10
4	TFRC	11
5	My Brain	12
6	Left Brain	13
7	Right Brain	14
8	Understanding the Human Brain	15
9	The Relationship of the brain to our hands	16
10	Understanding the Brain Lobes	17
11	Brain Lobes & Their Functions	18
12	Multiple Quotient Distribution Chart	20
13	PERSONALITY & BEHAVIOR	21
14	DOMINANT	23
15	COMPLIANT	27
16	INFLUENTIAL	31
17	STEADY	35
18	Learning / Communication Style	39
19	My (VAK) Learning Styles	43
20	My Learning Styles - Visual	45
21	My Learning Styles - Auditory	46
22	My Learning Styles -Kinesthetic	47
23	Multiple Intelligences	48
24	Verbal Linguistic Intelligence	50
25	Logical Mathematical Intelligence	52
26	Visual Spatial Intelligence	54
27	Naturalist Intelligence	56
28	Musical Intelligence	58
29	Kinesthetic Intelligence	60
30	Interpersonal Intelligence	62
31	Intrapersonal Intelligence	64
32	Extra-Curricular Activities Graph	66
33	Career Options	67
34	Career Graph	71
35	Analysis Summary	72
36	Conclusion	73
37	Counsellor's Remarks	75
38	Feedback Form	77



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)



## MY CAREER BUDDHA - DMIT

### A Sure Way to Discover Your Inborn Talents & Personality

Dermatoglyphics Multiple intelligence Test introduced by MY CAREER BUDDHA, is a set of assessment systems developed by scientists and medical experts based on Genetics, Embryology, Dermatoglyphics, Neuroscience and Pediatric Psychology through methods of observation, record, comparison and summarization in combination with clinical experience.

1926, Dr. Harold Cummins coined the word '**Dermatoglyphics**' - the scientific study of skin ridge patterns found on the palms of human hands. Dr. Cummins achieved world recognition as the "Father of Dermatoglyphics". The findings of his lifetime studies and the techniques he developed, known as the Cummins Methodology, are accepted as important tools in tracing genetic and evolutionary relationship. This methodology has gained common usage in diagnosis of some types of mental retardation, schizophrenia, etc.

Later in 1950 a Canadian neurosurgeon, Professor Penfield published a paper - "Cross-sectional diagram of brain in relation with various parts of body" which indicated close relation between fingerprints and cerebrum.

In 1981 Professor Roger W. Sperry and his research partner were awarded Noble Prize in Biomedicine for their study on functions of right and left cerebral hemispheres & double brain theory.

Former USSR was using Dermatoglyphics as one of the methods to select candidates for Olympics Games since 1970's. As it turned out, the USSR took home 50 gold medals in 1972 and 125 in 1976.

Medical experts, through observation, recording, comparison, induction and clinical trials confirmed that fingerprints provide accurate analysis of a person's inborn talents. The assessment system analyses the distribution of brain's learning capacity and allocation of cerebral function of an individual and provides relevant statistical report of individual's innate intelligence. Hence, it allows development of the individual in realm of dominant intelligence.

This can help the guide/mentor to understand the innate characteristics and effective communication mode of the individual. It will provide them the most appropriate learning habits from young age and improve learning ability effectively. It can also help the guide/mentor to discover the potential of the individual and understand the development of multiple intelligence. Thus, it will be easy to improve their weakness during learning process, in order to achieve all round development.

Lastly we would like to convey the message to all Guides/Mentors and Individuals that the aim of this test is to allow you to fully understand and respect individual differences of each person and provide education and/or training accordingly.

The vital factor of an individual's intelligence is determined by "neural network connection of brain cells". It is not only congenital nor destiny, but also largely determined by acquired environmental stimulation and early learning.

**To all dearest Parents/Educators/Individuals, we are looking forward to build up a link of wisdom for you and others with our foremost sincerity. Let's work together to help each individual in getting an effective start from the very beginning!!**



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## How to Interpret This Report

Dear Test,

When you get this report, we recommend that you should view it by following these steps. This will help you to understand the Brain's Potential very clearly.

1: Ensure you are holding the correct report. Check the name on the Personal Detail Page.

2: Our Brain's Map:

a) Our brain is divided into two hemispheres, Left and Right. Each hemisphere of the brain has its own strengths. Fingers of Right Hand represent the functions of Left Brain and fingers of Left Hand represent the functions of Right Brain. Different fingers reflect different intelligence. Each intelligence has its own weight-age. Total distribution of intelligence' percentage will be 100%.

b) RC Value: This value represents the neo-cortex neuron intensity which means, one function corresponding to high degree of value will have higher RC value. Different pattern types will show the distribution of different values. In normal circumstances for most people, the values will range from 8 to 30. If the value is high, it reflects that brain cortex activity level for that function is high.

c) If the RC value or % distribution of any specific intelligence shows "0" or Arch pattern, then the minimum range of that value can go to 0 and maximum can go to infinity. The potential of the RC values will be in the range 0 to infinity. This simply means that this specific intelligence contains high plasticity.

d) The average value of RC is 10%; if RC value's distribution in specific intelligence is less than 5.99%, it means it is only the result of comparison with yourself, it does not necessarily indicate that you are weak in that particular intelligence.

e) Difference between the percentage (%) of left brain and right brain's RC should be around 5-7%. It is a sign of normal range. If the difference is more than 7%, then the weak side will affect the other side of the brain. However, this doesn't show any serious concern. One will have to focus on the weak side to balance it.

3: Potential advantages – In accordance with the RC values, one will be able to find the strengths through the level of activity in brain cortex. High percentage activity in brain cortex in specific intelligence means that it is his/her strength. This will help the participant to grasp (INPUT) any knowledge with his/her own strength. This also means that participant can even demonstrate maximum energy (OUTPUT) with the powerful potential (inherent strength).

4: Potential to be developed – In accordance with the RC value, the intelligence which is not very strong will be marked on lower part of the potential. It reminds one that potential of the brain cortex activity is low for that specific intelligence. This means that one should pay more attention to develop the potential through focused way in the area of that intelligence.

5: Everyone has the potential for a certain innate qualities. Through stimulation and learning, one can become a better human being. **Uphold the idea that each of us can fully stimulate our potential and can achieve bright future.**

6: Neuroplasticity – The brain has amazing adaptive characteristics, it can train and fine-tune existing capabilities. The '**MY CAREER BUDDHA DMIT Report**' provides the mapping of our inborn nerve cells intensity. Nevertheless, even though we produce no new nerve cells after the time of birth, nurturing and training can help our 100 billion nerve cells in our cerebral cortex to be creative about wiring incredibly complex circuits. Through learning mechanism, the brain continues to rewrite and change its circuitry throughout our lives.

Congratulations, you have **MY CAREER BUDDHA - Dermatoglyphics Multiple Intelligence Test Report** which will help you to know about yourself. So, now put your strengths into action and work on the areas of your weakness and achieve better future.

Yours sincerely, **MY CAREER BUDDHA – DMIT Research Team.**



@SurekhaBhosaleCoach



surekhahbosale



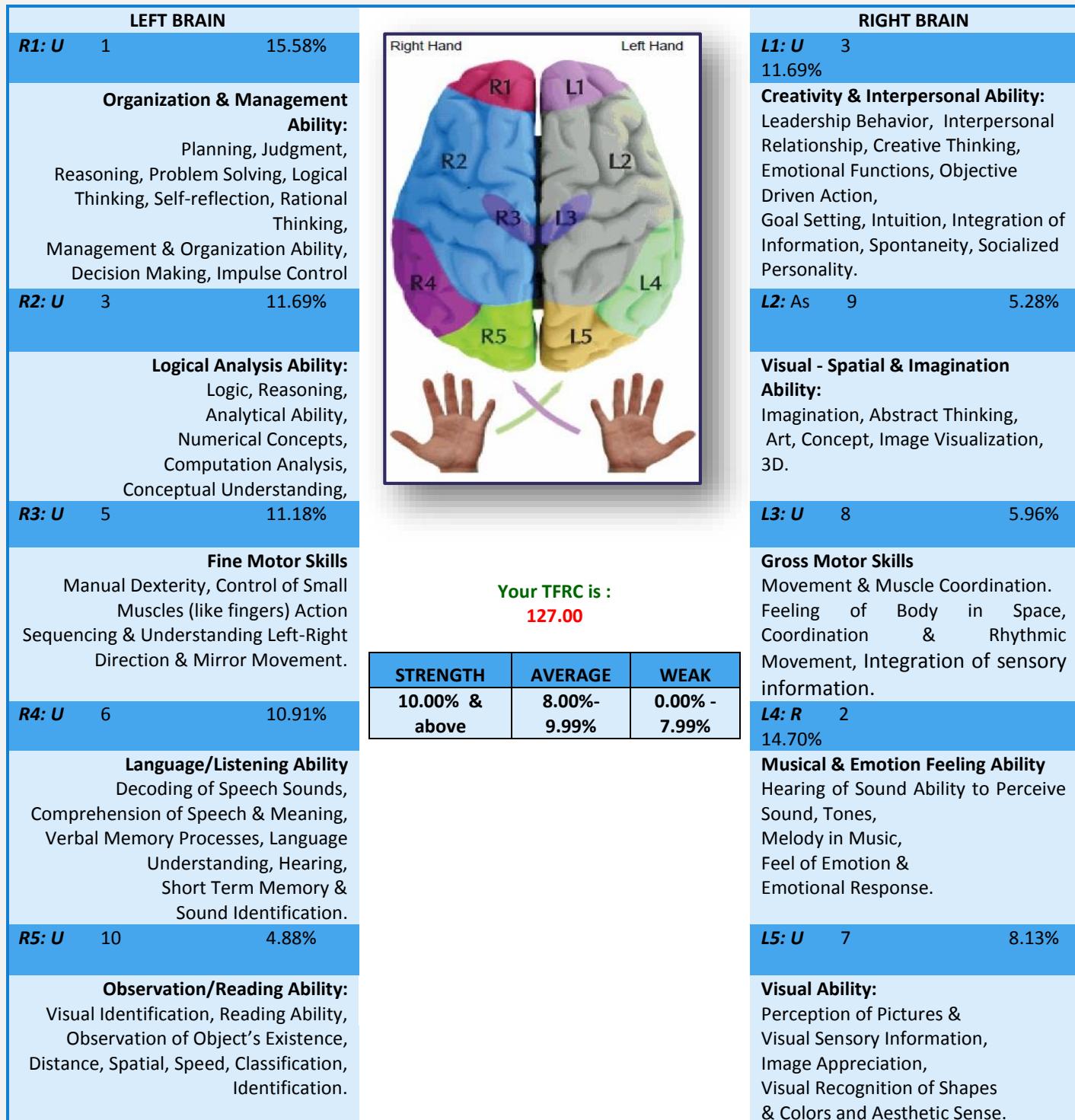
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

## Brain Lobes Functions and TFRC Distribution Map



Inborn Intelligence Potential for Test is :**Type E**



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202  
 | Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

## TFRC

The value of TFRC doesn't directly represent a person's intelligence (IQ), but it is an indication of an individual's inborn learning capacity. An individual with TFRC lower than 60 needs to be patient in his/her learning process and needs sufficient stimulation and reinforcement. An individual with TFRC 150 and above has high learning capacity and a very good short term memory. Through learning, brain will create and organize the synaptic connections in response to extrinsic circumstances.

TFRC is reflection of a person's inborn learning capacity. It is commonly known as "Neocortex Brain Cell Capacity." It is our inborn neuron capacity. At birth, 100 billion nerve cells in our cerebral cortex set about wiring incredibly complex wiring circuits (Some 5,000 to 10,000 Connections to each nerve cell).

Through learning mechanisms, the brain continues to rewire the circuitry throughout our lives. Therefore, learning is important to stimulate the linkage of our neurons. Arch type pattern fingerprints indicate a potential value in between Zero to Unlimited. It represents that particular potential is high in plasticity.

TFRC	Type	Inborn Intelligence Potential
Below 60	Type G	Low Potential
60 to 100	Type F	Adequate Potential
101 to 140	Type E	Normal Potential
141 to 180	Type D	Good Potential
181 to 200	Type C	Very Good Potential
201 to 220	Type B	Excellent Potential
221 & above	Type A	Over Active



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## My Brain

**Left Brain 54.23%**

- Knows Object's Name -----
- Uses Logic -----
- Analytical -----
- Practical -----
- Facts Rule -----
- Detail Oriented -----
- Reality Based -----
- Rational & Objective -----
- Safe -----
- Math & Science -----
- Word & Language -----
- Management -----
- Planning & Judgement-----



**Right Brain 45.77%**

- Knows Object's Function -----
- Uses Feeling -----
- Creativity -----
- Appreciate -----
- Imagination Rule -----
- Big Picture Oriented -----
- Fantasy Based -----
- Intuition -----
- Subjective -----
- Risk Taking -----
- Believes -----
- Leadership -----
- Vision Conceptualization-----

## What do you think with?

**Left Brain Dominance:** Analytical brain is more inclined towards self-awareness, logical thinking, fine motor skills based activities, language and grammar and may have a hidden love towards nature. They are generally good in academics. They have convergent thinking and can bring their energy and focus at one point. They prefer to respond to Verbal instructions. They like to solve the problems by looking at the parts of things. They are able to locate the differences in similar things easily. They are more planned and structured. Prefer multiple choice tests. They have the ability to control their feelings and emotions. They like building blocks, puzzles, word forming, problem solving, crosswords etc.

**Right Brain Dominance:** Creative brain is more inclined towards interpersonal skills, imagination, gross motor skills activities, music, colours, pictures, dance, art, rhythms, acting, painting, modelling, fashion, outdoor sports etc. They are generally good in extracurricular activities, primarily creative ones. They tend to throw the rules out of window. They have divergent thinking which is full of creativity and ideas. And they are often lost in their own ideas, thoughts and world. They may be physically present, mentally absent. Right brain people prefer to respond to demonstrated instruction. They like to solve the problems by looking at the problem as a whole. They are able to draw the whole picture in their mind easily. They are more intuitive and work upon feelings. Their emotions and feelings have no limits, and they generally come out.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Left-Brain

### Left-Brain – A Linear Learner

A Linear Learner is a person who initially processes information through the left hemisphere of the brain, which deals with logically structured and verbal information. The left hemisphere of the brain begins processing cognitive activities that involve logical sequencing, such as lists or steps, predictable patterns, verbal language (words), numbers and analytical thinking.

- Prefers information that provides him/her with specific details, clearly defined steps, words, numbers and logical arguments.
- Tend to master information in the structured sequence in which it is presented.
- Tend to do well in straightforward, detail oriented lectures and with text books that present information in a sequential, structured and clear manner.
- Tend to prefer learning situations in which concepts, terminology, facts, details, applications, uses and conclusions are clearly presented.
- In courses that require problem solving, such as science or mathematics, linear learners learn the fundamentals, such as problem-solving steps and then proceed to apply the steps systematically to solve problems or answer questions.

### Essential Strategies for Linear Learner

1. Ask for a summary of important points at the end of an open-ended or discussion-oriented class. List the significant points and the conclusions. After class, organize the information into a more meaningful format or structure.
2. During discussions, note down the various points or opinions expressed. After class, organize the information into more meaningful lists or in charts.
3. When working with multiple sources of information, take notes from each source. Then use your organizational skills to integrate the information logically



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Right-Brain

### Right-Brain – Global Learners

A Global Learner is a person who initially processes information through the right hemisphere of the brain, which deals with color, visualization, creation and visual information. They are Good in visualizations, imagination, creativity, intuition and rhythm.

- They first tend to see “the big picture” and then focus their learning on the details that develop the big picture concept.
- They enjoy learning details through discovery, experiment, exploration, discussion, brainstorming or group processes.
- Prefer information in the form of pictures, charts, diagrams and colorful visual stimuli.
- In problem solving situation, they may take intuitive leap to find solutions, sometimes creating their own problem-solving steps.
- They may be unable to explain to others how they arrived at that solutions.
- They do well in classes that involve learning communities, informally structured environments, discussions, group or cooperative learning activities.

### Essential Strategies for Global Learners

1. Ask instructor and other students question about connections, relationships, trends or themes when the details seem detached from the whole or the big picture.
2. Find a “study buddy”, form a study group, form an online chat group or participate in tutoring or discussion sessions so you can discuss course topic and interact with other students. Add creativity to your lecture notes or course materials by adding colors, pictures or diagrams to emphasize important points.
3. Rearrange information into charts or visual notes to show the big picture and the significant details.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

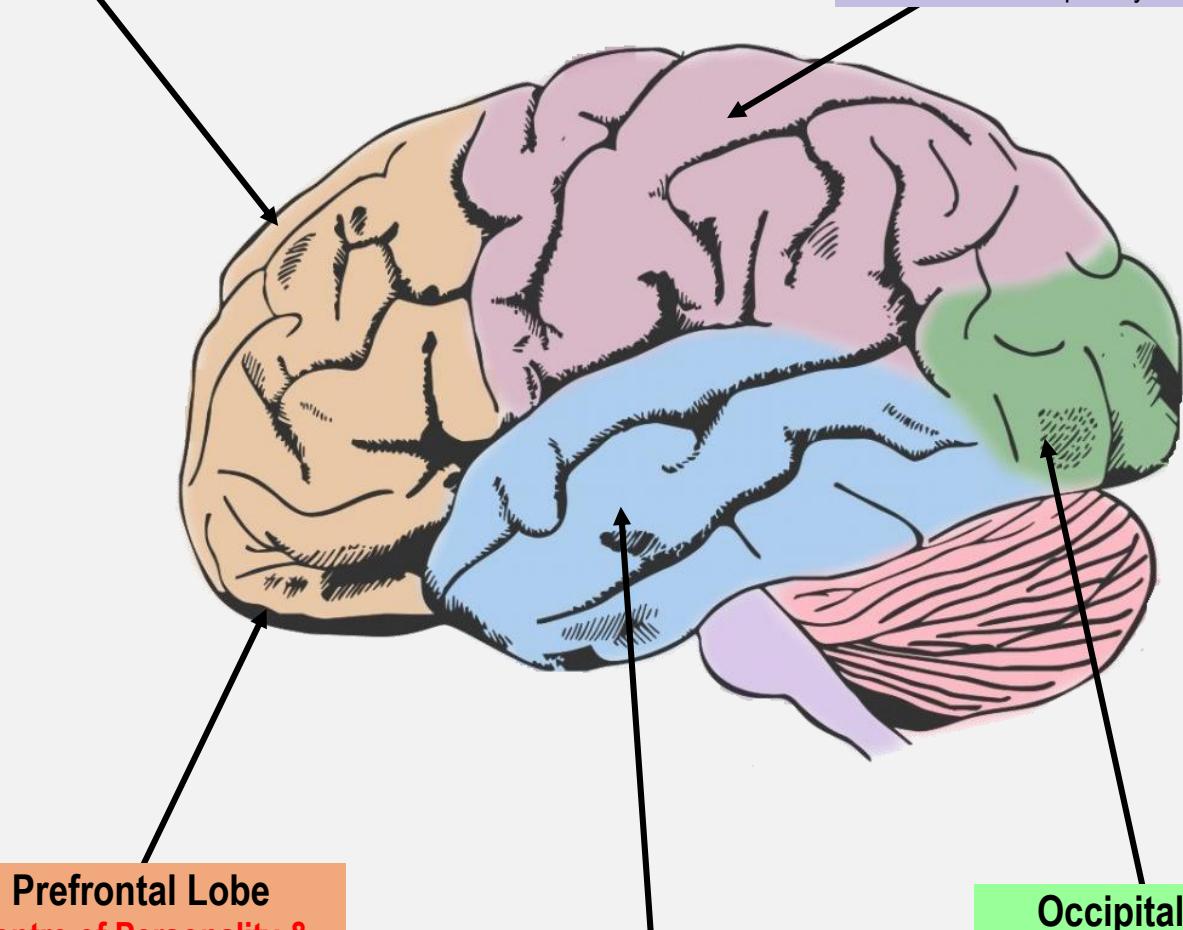
## Understanding the Human Brain

### Inferior Frontal Lobe Center of Thinking & Imagination

Emotions, Reasoning, Planning, Movement, Parts of Speech, Creativity, Judgment, Problem Solving & Planning

### Parietal Lobe Center of Kinesthesia

Kinesthetic, Fine & Gross Motor Skills. Space Discrimination, Understanding & Appreciation of Space, Art & Language Capability



### Prefrontal Lobe Centre of Personality & Characteristics

Executive Functions, Cognitive Functions & Personality

### Temporal Lobe Centre of Auditory Functions

Hearing, Memory, Emotions, Learning, Interpreting & Processing Auditory Stimuli, Language Comprehension

### Occipital Lobe Centre of Visual Functions

Ability to Recognize Objects, Responsible for Visual Functions



@SurekhaBhosaleCoach



surekhahbhosale



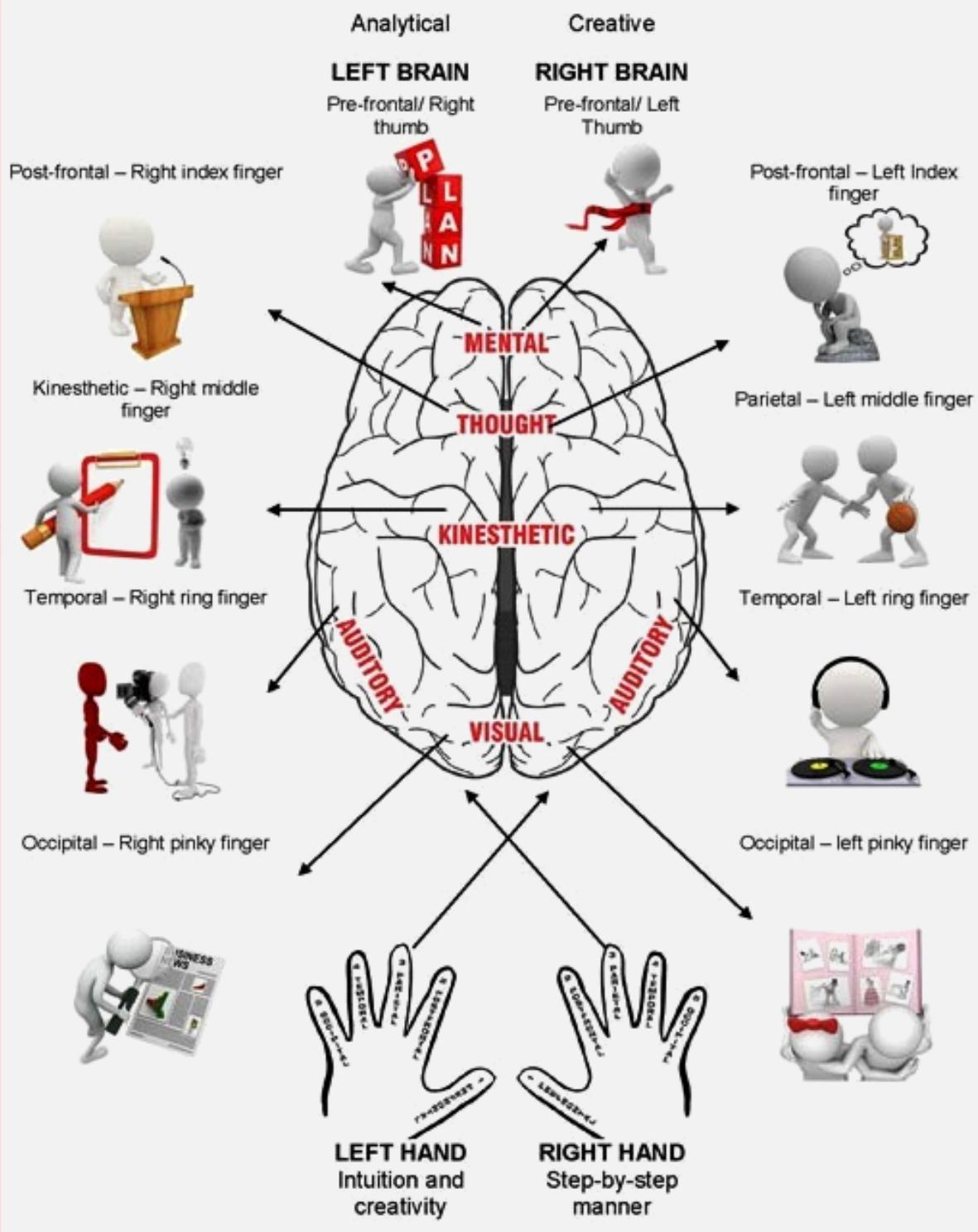
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## The relationship of the brain to our hands



@SurekhaBhosaleCoach



surekhahbhosale



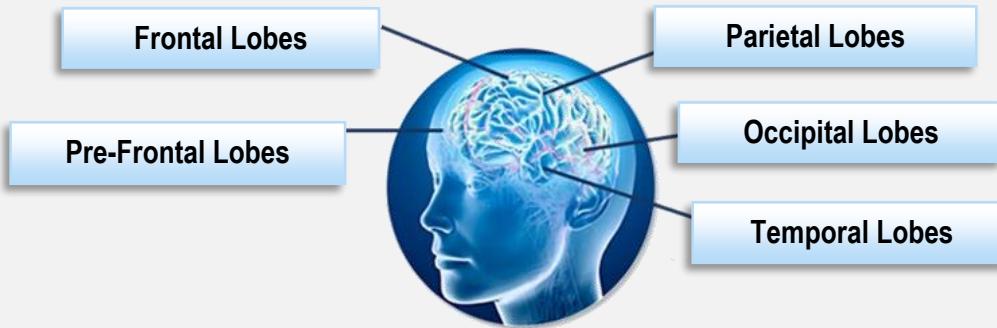
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Understanding the Brain Lobes



TFRC %	BRAIN LOBES	FUNCTIONS
27.27%	<b>Pre-Frontal Lobes</b> <b>Center of Personality &amp; Characteristics</b>	<b>Responsible For Personality &amp; Characteristics:</b> Impulse Control, Ability to Judge Social Situations, Socializations, Spontaneity, Ability to Override and Suppress Unacceptable Social Behavior and Responses. <b>Cognitive Functions (Executive Functions):</b> Judgment, Reasoning, Problem Solving, Planning, Interpersonal Skills, Leadership, Abstract Thinking, Creativity, Initiative Tasks That Requires The Integration of Information Over Time, Ability to Determine Similarities And Differences Between Things or Events, Emotional Functions.
16.97%	<b>Inferior Frontal Lobes</b> <b>Center of Thinking &amp; Imagination</b>	<b>Responsible For Creative Thinking &amp; Visualization:</b> Logical Thinking, Problem Solving, Abstract Thinking, Language, Tasks of Math, Reasoning, Handling Words & Grammar Syntax, Visualization, Imagination, Concepts & Idea Formation.
17.14%	<b>Parietal Lobes</b> <b>Center of Kinesthetics</b>	<b>Responsible For Spatial Awareness And For Processing &amp; Analyzing Sensory Stimuli:</b> They Play Important Roles In Integrating Sensory Information From Various Senses And In The Manipulation of Objects. Portions of The Parietal Lobes Are Involved With Visual Spatial Ability.
25.61%	<b>Temporal Lobes</b> <b>Center of Auditory Functions</b>	<b>Responsible For Processing Auditory Information:</b> They Distinguish Differences In Sound, Pitch & Loudness And Determine Their Significance. Right Lobe is Responsible For Musical Appreciation; While The Left Lobe is Responsible For The Understanding of Speech. Left Temporal Lesions Result in Impaired Memory For The Verbal Material. Right Side Lesions Result in Impaired Recall of The Non-Verbal Material, such as Music.
13.01%	<b>Occipital Lobes</b> <b>Center of Visual Functions</b>	<b>Responsible For Processing Visual Information:</b> They Process Information About Objects, Colours, Motion, Distance, Words, Identification of Objects, Signs & Symbols.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Brain Lobes & Their Functions

SR. NO.	BRAIN LOBES	FUNCTIONS
1	Left Prefrontal	Rational Thinking, Planning, Coordinating, Controlling, Executing Behavior, Self- Achievement, Self-Motivation, Self-Awareness.
2	Right Prefrontal	Leadership, Interpersonal skill, Creativity, Goal Visualization, Motive Determination, Self Esteem, Intuition, The ability to understand others point of view.
3	Left Frontal	Logical Reasoning, Computation Process, Analytical skills, Conceptual Understanding, Numeric, Grammar syntax, Cause and Effect relationships.
4	Right Frontal	Imagination, Idea Formation, Visualization, 3D recognition, Visual Spatial Ability, Hand-eye co-ordination.
5	Left Parietal	Fine Motor Skills, Action Identification and understanding, Finger control, Control of Body Movements.
6	Right Parietal	Gross Motor Skills, Body Movement and Sensory information, Eyes body Co-ordination.
7	Left Temporal	Language Ability, Language Understanding, Audio Identification, Memory, Syntax of language.
8	Right Temporal	Tone understanding, Sound and Voice understanding, Music, Emotions, Feelings.
9	Left Occipital	Visual Identification, Interpretation, Reading, Observation, Image appreciation, Recognition of shapes and colors.
10	Right Occipital	Visualization, Visual Appreciation, Art, Aesthetic Sense. Understanding of maps, Visuals, Graphical Communications.



@SurekhaBhosaleCoach



surekhahbhosale

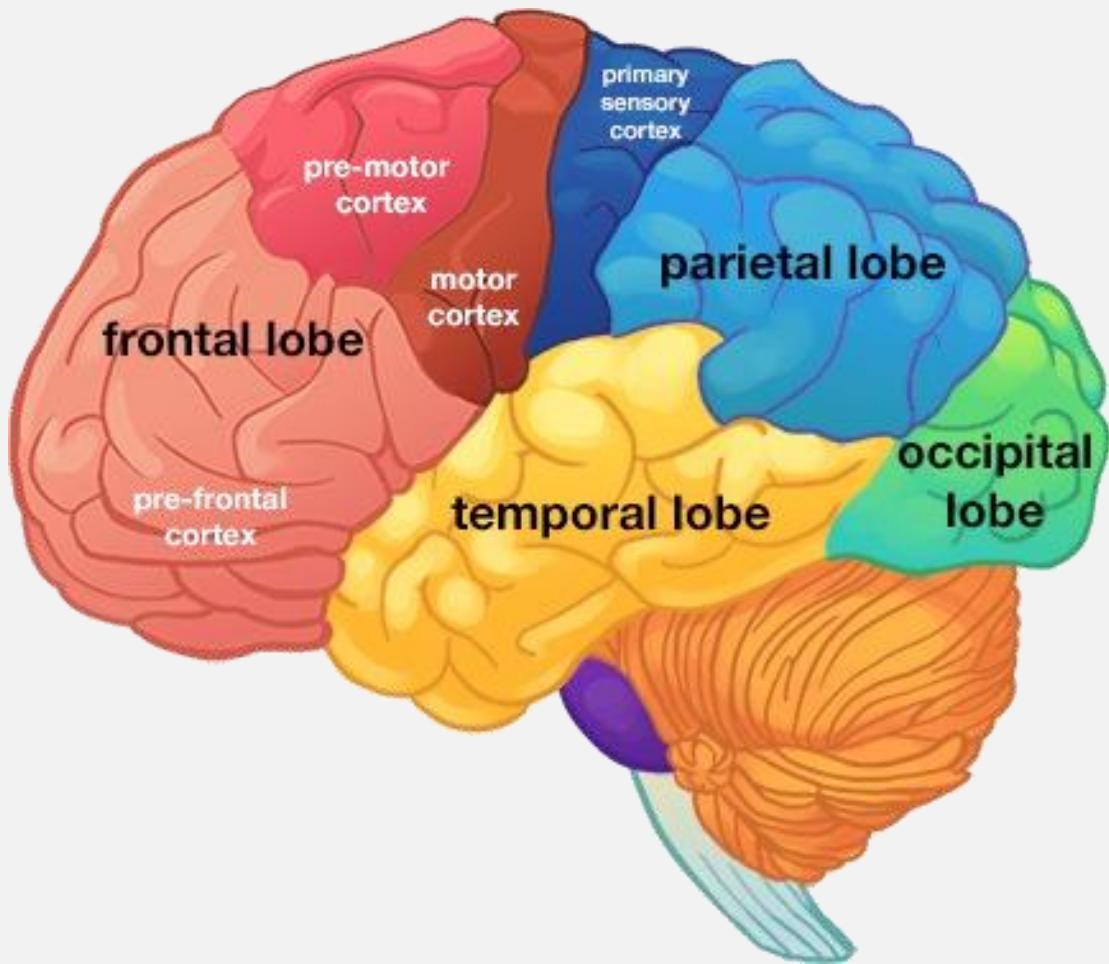


Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)



- Science has proved that within the same lobe, Left and Right brain do different specific roles. So , brain has 10 compartments – 5 Left & 5 right, each compartment is having specific and pre-defined function.
- Further our brain has approximately 100 billion Neuron cells, which are divided in random order into these 10 compartments. One compartment has less neuron count while other has more. It is impossible that two persons have same neuron distribution. One would love to do that compartment's work, in which neuron count is more. He will enjoy that work and will find it easy. It will be his/her strength area. One would hate to do that compartment's working in which neuron count is less. He will not like it and will find it difficult to do. It will be weak area.
- Further, brain is divided into 2 parts, Left Brain and Right Brain. Left brain controls right side of the body and vice-versa.



@SurekhaBhosaleCoach



surekhahbhosale



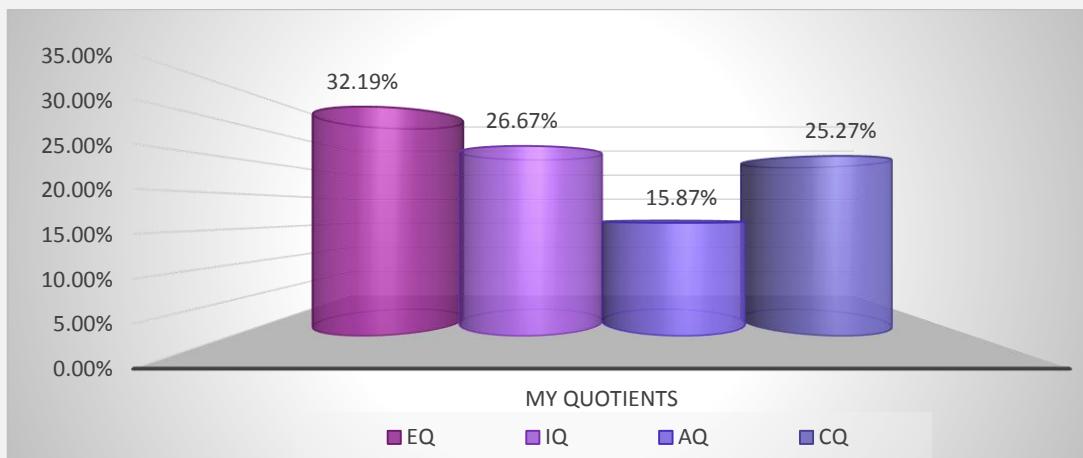
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Multiple Quotient Distribution Chart



EQ	<b>Emotional Quotient</b>	%
	Emotional quotient makes us aware of our feelings and that of others. It gives empathy, motivation, compassion and an ability to respond skillfully to pleasure and pain, by understanding own emotions and the emotions of the others and <b>To Act Appropriately</b> .	32.19%
IQ	<b>Intelligence Quotient</b>	%
	Intelligence Quotient is the ultimate intelligence of a person. It is the ability to carry out abstract thinking and to adjust oneself to one's environment. Intelligent activity consists of <b>Grasping The Essentials In A Given Situation and responding</b> .	26.67%
AQ	<b>Adversity Quotient</b>	%
	Adversity Quotient is a measure of how one responds to adversity. It indicates how well one withstands adversity and his/her ability to surmount it. This predicts <b>Who Gives Up And Who Fights Back &amp; Wins</b> .	15.87%
CQ	<b>Creativity Quotient</b>	%
	Creativity quotient is the ability to generate innovative ideas and manifest them from thought into reality. The process involves <b>Original Thinking – Taking Planned Action – Producing Result</b> .	25.27%



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## PERSONALITY & BEHAVIOR

### YOUR PERSONALITY TRAITS:



Dr. William M. Marston was a psychologist and an anthropologist who after studying thousands of human behaviors and their personalities developed the concept of DISC profile. It divides the human personalities into 4 categories i.e. Dominant, Influential, Steady and Compliant. DISC profile has been in use for many years for multiple purposes like identifying suitable candidates for sales, marketing, management, engineering, sports, human resources and every possible domain requiring suitable manpower.

DOMINANT - EAGLE

INFLUENCE - PEACOCK

COMPLIANT - OWL

STEADY - DOVE



### Your Secondary Personality Is DOVE

The above chart reflects your personality type. The following pages detail the personalities. For better understanding, please refer to your nearest MY CAREER BUDDHA counsellor.



@SurekhaBhosaleCoach



surekhahbhosale



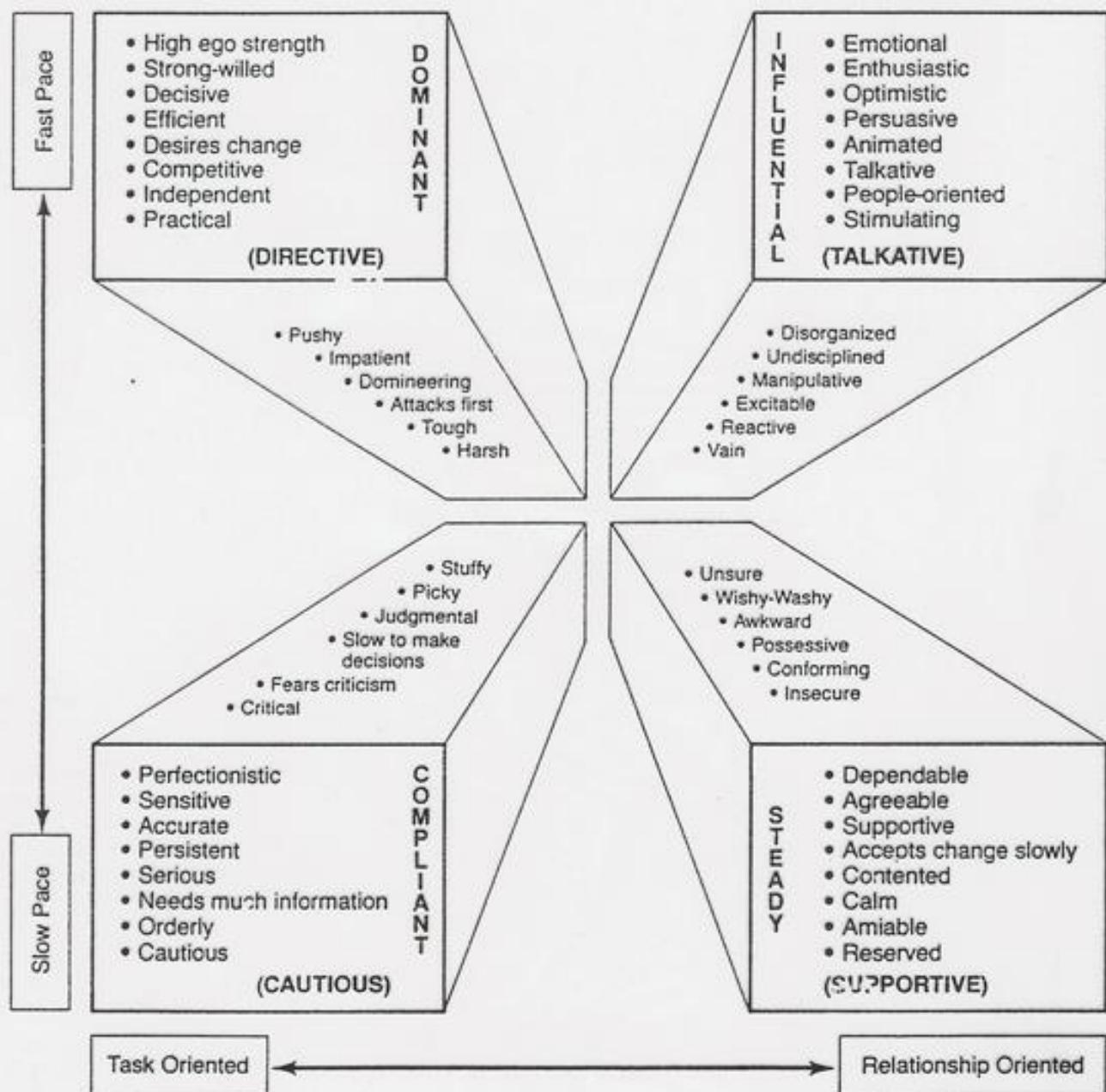
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

# Behavioral Styles



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## PERSONALITY TRAITS:

Personality type: **DOMINANT**



## My DISC Profile Is D

People with the “D” style place an emphasis on shaping the environment by overcoming opposition to accomplish results.

A person with a D style

- Is motivated by winning, competition and success.
- Prioritizes accepting challenge, taking action and achieving immediate results.
- Is described as direct, demanding and forceful, strong willed, driven and determined, fast-paced and self-confident
- May be limited by lack of concern for others, impatience and open scepticism.
- May fear being seen as vulnerable or being taken advantage of.
- Values competency, action, concrete, personal freedom and challenges.

Goals:

- Unique Accomplishments
- New Opportunities
- Control of audience
- Independence

Will need to expand more energy to:

- Show Patience
- Display sensitivity
- Get into the details
- Allow deliberation
- When communicating with the D style individuals, give them the bottom line, be brief, focus your discussion narrowly, avoid making generalizations, refrain from repeating yourself, and focus on solutions rather than problems.

Classic Patterns:	Developer, Results Oriented, Inspirational and Creative
Leadership styles:	Commanding, Resolute, Pioneering

### Preferred Jobs:

- |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>➤ Manufacturer's Representative</li> <li>➤ Lobbyist</li> <li>➤ Business Manager</li> <li>➤ Fire Marshal</li> <li>➤ Travel Guide</li> <li>➤ Principal</li> <li>➤ Fashion Coordinator</li> <li>➤ Landscape Architect</li> <li>➤ Sales Agent, Insurance</li> </ul> | <ul style="list-style-type: none"> <li>➤ Production Coordinator</li> <li>➤ Show Host/Hostess</li> <li>➤ Manager, Customer Services</li> <li>➤ Sales Agent, Real Estate</li> <li>➤ Announcer</li> <li>➤ Writer</li> <li>➤ Entrepreneur</li> <li>➤ Business Owner</li> </ul> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

You are strong minded, stimulated by challenge, decisive and direct. You can be blunt/stubborn, can lose sight of the big-picture and can be insensitive to other people's needs, but are a natural achiever.

### STRENGTH

- \* You are highly focused, driven and highly motivated, so result oriented, goal setting is 'natural' to you.
- \* You are not afraid of failure and just see it as a challenge to bounce back.
- \* You are persistent in achieving goals, even if it means making personal sacrifices to get there. You take risks.
- \* You are independent and like to do things "your" way. You don't like to fail.
- \* You like being productive and making progress.
- \* You are motivated by power, challenge, results and achievement - a natural leader.

### WEAKNESSES

- \* You may not pay enough attention to the detail, leading to lack of adequate planning.
- \* You may choose goals for the thrill of the chase or from being impulsive, rather than well thought out goals that you really want.
- \* You can be inflexible, impatient and easily bored with detail, which can make you take needless risks.
- \* You can be stubborn and sometimes too confident for your own good.
- \* You may value results over people.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

OPPORTUNITIES	THREATS
<b>You can convert resource to result due to high leadership skills.</b>	<b>You ignore relationships</b>
<b>You are best suitable for large picture.</b>	<b>You don't give adequate time for result.</b>
<b>You decide goals and create cost conscious targets.</b>	<b>You are egoistic and forceful on others.</b>
<b>You can see what others aren't able to</b>	<b>Too much focus will make you feel restless.</b>
<b>You can lead and motivate others.</b>	

Success Tips
* Use your natural goal setting ability to your advantage - write them down and take the time to plan properly.
* Regularly review your 'big picture' and make sure you're still heading there so you don't go after 'empty' goals.
* Be flexible enough to change your track if necessary. A change in plan is not a failure.
* Consider other people's feelings and let them help you achieve. As an eagle you will find success because of your own natural ambition, drive and motivation to achieve. Being a natural goal setter, you will succeed if you keep focus.

Personal growth areas for <u>DOMINANT</u>
* You may be perceived as always speaking and not listening to others.
* You may need to strive to listen more actively, be attentive to other team members' ideas, and to strive for consensus instead of making decisions alone. Instead of making only broad, decisive statements, be careful to explain the "whys" of your proposals and decisions.
* You can be controlling and domineering at times and will need to watch your tone and body language when feeling frustrated or stressed out.
* You can be in all business and goals, therefore may need to focus more on developing personal relationships, and recognizing the opinions, feelings and desires of others. It may take some intentionality to be friendlier and more approachable.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Relationship Compatibility- yours with others

Your Personality	Others Personality	Combined Result
 Eagle (Dominant)	 Owl (Compliant)	Both would be task oriented and hence their motto would be “work done” so they will understand each other well. Conflict will come because of “OWL’s” low risk attitude and “Eagle’s” high speed attitude in their work place. “Eagle” should adjust with “OWL” to get result. “OWL” can improve little bit on his speed to cope-up with “Eagle”. Both will have a deadline to complete their tasks.
 Eagle (Dominant)	 Peacock (Influence)	Both would be good in sharing their ideas with each other, so there will be a good relationship between them. Conflict will come when if there is delay in “Peacock’s” work or if there is any strict deadline in “Eagle’s” work. “Peacock” can get advice from “Eagle” because “Peacock” would be highly impulsive and “Eagle” should not influence “Peacock” to do things. Conflict will occur because “Eagle” tend to be in control but “Peacock” tend to be free of control.
 Eagle (Dominant)	 Eagle (Dominant)	Both will have conflict if there is a situation that calls for control. Both will get along well with each other because both are proactive as long as they do not share same space. Both will give importance to their tasks because both would be result oriented. Both will complete work on time and hence can expect better performance.
 Eagle (Dominant)	 Dove (Steady)	There are chances of conflict because both are of completely different and opposite behaviors. For example “Eagle” will like challenges but “Dove” tend to be slow in his activity. “Eagle” would be goal oriented but “Dove” will be people oriented. To avoid conflict, one should adjust with the other type but both cannot expect a good relationship with each other.



## PERSONALITY TRAITS :

Personality type : **COMPLIANT**



### My DISC Profile Is C

People with the “C” style place an emphasis on working conscientiously within existing circumstances to ensure quality and accuracy.

A person with a C style

- Is motivated by opportunities to gain knowledge, showing their expertise and quality work.
- Prioritizes ensuring accuracy, maintaining stability and challenging assumptions.
- Is described as careful, cautious, systematic, diplomatic, accurate and tactful.
- Maybe limited by being overcritical, overanalysing and isolating themselves.
- May fear criticism and being wrong.
- Values quality and accuracy

Goals:

- Unique Accomplishments
- Correctness
- Stability
- Predictable accomplishments
- Personal growth

Will need to expand more energy to:

- Let Go off and delegate tasks
- Compromise for the good of the team
- Join social events and celebrations
- Make quick decisions
- When communicating with the C style individuals, focus on facts and details; minimize “pep talk” or emotional language; be patient, persistent and diplomatic.

Classic Patterns:	Objective Thinker, Perfectionist, Practitioner
-------------------	------------------------------------------------

Preferred Jobs:

- |                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>➤ Medical Record Technician</li> <li>➤ Nurse, Licensed Practitioner</li> <li>➤ Nurse, General Duty</li> <li>➤ Secretary</li> <li>➤ Accountant</li> <li>➤ Job Analyst</li> <li>➤ Mail Clerk</li> <li>➤ Caseworker</li> <li>➤ Architect</li> </ul> | <ul style="list-style-type: none"> <li>➤ Biochemist</li> <li>➤ District Ext. Service Agent</li> <li>➤ Geologist</li> <li>➤ Physical Assistant</li> <li>➤ Historian</li> <li>➤ Environmental Analyst</li> <li>➤ Airplane Pilot</li> <li>➤ Painter</li> </ul> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

You are logical, mathematically minded, methodical and sometimes seen as a Perfectionists. You can be slow to make decisions and inflexible if rules and logic says otherwise. Not a big risk taker, but you love details.

### STRENGTH

- \* You are naturally curious and interested in gaining knowledge and becoming an expert.
- \* You are thorough, meticulous, accurate, reliable, logical and good with details.
- \* You like rules, procedures and structure and are a careful planner.
- \* You think things thorough to minimize risk of things going wrong.
- \* You like being prepared and being in control through preparation and planning.
- \* You generally get along with other people, but have high expectations of their abilities.
- \* You are motivated by knowledge, expertise and logic.

### WEAKNESSES

- \* You tend to focus too much on details and may lose sight of the big picture.
- \* You tend to plan everything to the extreme, taking too long to plan and not enough time to act.
- \* You are a perfectionist, focusing on doing the job right, rather than whether you're doing the right job.
- \* You don't like stepping out of your comfort zone or taking risks because you don't feel in control or prepared.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

OPPORTUNITIES	THREATS
You will do well in research based assessment	You are not time Conscious.
You are a perfectionist	You are rigid with rules & procedures
You are a rational thinker	You plan excessively
You are best suitable for risk assessment	You are rude with people
You are good at content management & quality oriented assignments	You don't understand situations.
You are a very good analyzer	You focus on doing job right rather than doing right job.

Success Tips
* Don't get bogged down in detail. Know your 'Big Picture', your goal in life and always keep this in sight.
* Don't be afraid of trying something new. Work out what you want and get out of that comfort zone to reach your full potential.
* Don't be afraid of failing - use your analytical skills to work out why you failed and how to use this knowledge for your next attempt.

Personal growth areas for <u>COMPLIANT</u>
* You fear criticism from others, especially in your work. You tend to be over critical of others. This is a result of paying attention in such detail. When doing this, it's easier to find all the faults.
* It's important to concentrate on doing the right things and not just doing things right.
* When working in team, it's important for the C style person to be open to others ideas and methods and to move quickly to help accomplish team goals.
* You need to focus more on people in order to build strong relationships, as you may have a tendency to focus on tasks more than people and to want to work alone.
* You need to push yourselves to be decisive and take risks, even if all the research isn't there to support it.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Relationship Compatibility- yours with others

Your Personality	Others Personality	Combined Result
		You both would be analytical in approach and tend to be perfectionist and hence both will maintain an effective relationship with each other. Both would like to follow strict rules for getting better results. Both would be highly interested in analyzing data before making decision. Both will expect high performance from themselves and from others.
		Both will form a good team, if they are flexible with one another. "OWL" can help "Peacock" while making any decision because "Peacock" tend to act emotionally rather than rationally. "Peacock" would be people oriented and "OWL" would be perfection oriented in their activities.
		Both would be task oriented and hence their motto would be "to get the work done" so they will understand each other well. Conflict will come because of "OWL's" low risk attitude and "Eagle's" high speed attitude in their work place. Eagle should adjust with "OWL" to get result. "OWL" can improve little bit on his speed to cope-up with "Eagle". Both will have a deadline to complete their tasks.
		Both will be highly sociable and hence they can get along well with each other. To avoid conflict, "OWL" can accommodate "Dove" while taking any decisions and "Dove" can accept any changes which are made by "OWL".



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## PERSONALITY TRAITS :

Personality type : **INFLUENTIAL**



### My DISC Profile Is I

People with the “I” style place an emphasis on shaping the environment by influencing or persuading others.

A person with a I style

- Is motivated by social recognition, group activities and relationships
- Prioritizes taking action, collaboration and expressing enthusiasm
- Is described as convincing, magnetic, enthusiastic, warm, trusting and optimistic
- May be limited by being impulsive and disorganized and having lack of follow-through.
- May fear loss of influence, disapproval and being ignored
- Values coaching and counselling, freedom of expression and democratic relationships

Goals:

- Victory with fair means
- Friendship and happiness
- Authority and prestige status symbols
- Popularity

Will need to expand more energy to:

- Follow-through completely
- Research all the facts
- Speak Directly and candidly
- Stay focused for long periods
- When communicating with the S style individuals, share your experiences, allow the I style person time to ask questions and talk themselves, focus on the positives, avoid overloading them with details and don't interrupt them.

Classic Patterns: Promoter, Persuader, Counsellor, Appraiser

Leadership styles: Energizing, Pioneering, Affirming

Preferred Jobs:

- |                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                               |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>➤ Training Representative</li> <li>➤ Clergy Member</li> <li>➤ Manager, Advertising</li> <li>➤ Preschool Teacher</li> <li>➤ Arbitrator</li> <li>➤ Sales Agent</li> <li>➤ Administrator, Health Care</li> <li>➤ Home Economist</li> </ul> | <ul style="list-style-type: none"> <li>➤ Actor/Actress</li> <li>➤ Reporter</li> <li>➤ Office Manager</li> <li>➤ Insurance Sales</li> <li>➤ Optometrist</li> <li>➤ Illustrator</li> <li>➤ Faculty Member</li> <li>➤ Interior Design</li> </ul> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

You love talking, being the center of attention, have passion/ enthusiasm and are Happy/ Optimistic. You might be accused of talking too much and aren't good with detail or Time-control.

### STRENGTH

- \* You are enthusiastic, influential, optimistic, passionate and people-orientated and a charismatic leader.
- \* You continually seek new opportunities and experiences following your passion.
- \* You enjoy the journey as much as the result.
- \* You can take big risks for excitement and driven by passion - you dream big.
- \* You are flexible and open-minded and tend to notice and seize opportunities.
- \* You enlist to help others through your "people-oriented" nature, and can work by yourself if necessary.
- \* You are motivated by having fun, being popular and social.

### WEAKNESSES

- \* You tend to value fulfillment over achievement, so often don't achieve specific goals.
- \* You like to focus on the big picture, but often get lost in the details because of lack of planning.
- \* You are not good at being thorough or sticking to details.
- \* You don't like structure, may become impulsive, get bored by details and easily lose interest and get distracted.
- \* When the going gets tough, you are likely to give up and move on to something else.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202  
| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |  
Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

OPPORTUNITIES	THREATS
Your high degree of learning capabilities allows you to have multiple domain options.	You have over passionate approach.
You can associate with people easily	You lack management and think from heart.
You can perform well in any field if trained.	You get depressed during breakups.
People like you and you are always the center of attraction.	You cannot recover from defeats easily.
	You are unable to foresee as you live in today.

Success Tips
* Use your natural ability to see the big picture, but be diligent in planning so that you can achieve your goals.
* Break down your big picture into smaller more manageable goals to help you see the way to an end and write them down to provide day-to-day focus.
* You need to prioritize and focus your time and energy on a smaller number of goals.
* Continue to notice and seize the opportunities open to you, but always do this in context of the big picture and don't allow yourself to go too far down a detour that takes you in the wrong direction.
* As a peacock you will find success through following your passion and maintaining your positive approach to life. Recruit other people using your natural enthusiasm to help you achieve your goals.

Personal growth areas for <u>INFLUENTIAL</u>
* You tend to be impulsive in decision making and would benefit from some research and contemplation before acting.
* You are wonderful at presenting, motivating and problem solving, but sometimes may be slow to action.
* You could benefit from setting small goals, breaking big goals into smaller steps and keeping lists.
* You will need to practice exercising control over actions, words and emotions.
* You tend to be very quick thinker and may need to slow down the pace for other team members.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Relationship Compatibility- yours with others

Your Personality	Others Personality	Combined Result
		Both will form a good team, if they are flexible with one another. "OWL" can help "Peacock" while making any decision because "Peacock" tend to act emotionally rather than rationally. "Peacock" would be people oriented and "OWL" would be result oriented.
		You both love social situations and are the life of the parties. When together, you both are very charismatic and can inspire others with your enthusiasm and energy. You are light-hearted and enjoy each other's company mostly because of your happy –go-lucky attitude. Conflict will come when you have to work in detail or within a time-frame. To implement your ideas, you both need to be sincere and focused on your task.
		Both would be good in sharing their ideas with each other, so there will be a good relationship between them. Conflict will come when if there is delay in "Peacock's" work or if there is any strict deadline in "Eagle's" work. "Peacock" can get advice from "Eagle" because "Peacock" would be highly impulsive and "Eagle" should not influence "Peacock" to do things. Conflict will occur because "Eagle" tend to be in control but "Peacock" tend to be free of control.
		Both would be people oriented hence they will enjoy working together. Both will share their ideas with one another hence their will not be any communication gap between them. Both tend to have effective relationships because both are of outgoing nature, but conflicts will occur when if there is any instability in "Peacock's" plan. "Dove" will give up things easily to "Peacock".



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)



### PERSONALITY TRAITS :

Personality type : STEADY

## My DISC Profile Is S

People with the “S” style place an emphasis on cooperating with others within existing circumstances to carry out the task. A person with a S style

- Is motivated by cooperation, opportunities to help and sincere appreciation.
- Prioritizes being as calm, patient, predictable, deliberate, stable and consistent.
- May be limited by being indecisive, overly accommodating and tendency to avoid change.
- May fear change, loss of stability and offending others.
- Values loyalty, helping others and security.

### Goals

- Personal accomplishments
- Group acceptance
- Power through formal roles and positions of authority
- Maintenance of status quo and controlled environment.

### Will need to expand more energy to:

- Quickly adapt to change or unclear expectations.
- Multitask.
- Promote themselves.
- Confront others.
- When communicating with the S style individuals, be personal and express your interest in them and what you expect from them, take time to provide clarification, be polite and avoid being confrontational, overly aggressive or rude.

**Classic Patterns:** Specialist, Achiever, Agent, Investigator.

**Leadership styles:** Inclusive, Humble, Affirming

### Preferred Jobs:

- |                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>➤ Investigator</li> <li>➤ Pharmacist</li> <li>➤ Physical Instructor</li> <li>➤ Psychologist</li> <li>➤ Survey Worker</li> <li>➤ Counsellor</li> <li>➤ Social Worker</li> <li>➤ Teacher, Secondary School</li> <li>➤ Correspondence Clerk</li> </ul> | <ul style="list-style-type: none"> <li>➤ Market Research Analyst</li> <li>➤ Veterinarian</li> <li>➤ Nurse</li> <li>➤ Podiatrist</li> <li>➤ Programmer</li> <li>➤ Lab Technician</li> <li>➤ Chiropractor</li> <li>➤ Librarian</li> </ul> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

You are compassionate, peaceful and people-orientated, loyal, friendly, hardworking and a great team player but tend to avoid change, confrontation, risk-taking and assertive.

### STRENGTH

- \* You're a natural 'people person' and enjoy helping other people succeed.
- \* You're good at building relationships and networking - the key to your success.
- \* You get fulfillment from satisfying social needs like friendship, sense of belonging and community service.
- \* You're a team player, loyal, easy to get along with, patient and reliable.
- \* You are happy to follow plans as part of a team, but not necessarily on your own.
- \* You are motivated by relationships, shared goals, community service and the common good.

### WEAKNESSES

- \* You are not a natural goal setter and focus more on the needs of others than yours.
- \* If you do set goals, they are more likely based on what other people think. You should rather do what you really want.
- \* You have difficulty confronting problems and asserting yourself.
- \* You tend to avoid conflict and risk taking, particularly on your own. You tend to resist change.
- \* You're not a good planner and don't particularly like detail.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202  
| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |  
Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

OPPORTUNITIES
You can build successful ventures with human capital.
You are best in conflict management.
You are conducive for business environment.
You are very good in dealing with people
You are trustworthy and reliable

THREATS
You care too much for others.
You will lose opportunity due to non-risk taking attitude
You are indecisive during crisis
It's difficult for you to focus for a long time

Success Tips
* Think about yourself for a change and put your needs first. What do YOU want?
* Don't be influenced by others in setting your goals - the goals need to be yours and yours alone.
* Make sure you are diligent in asking "Why do I want to achieve this goal?"
* The answer should NOT be "...because so-and-so said I should".
* Don't sacrifice your own goals to keep someone else happy.

Personal growth areas for <u>STEADY</u>
* You may truly struggle with change, and therefore will struggle with adjustment and need to work on openness and flexibility in this area.
* You desire positive personal relationships and avoid conflict.
* You may be overly agreeable or put others needs before your own.
* You need to put forward your opinion while interacting and be aware of others requirement as well.
* It may take intentionality to express someone own thoughts, opinions, and feelings in situations, although you make an excellent person listening to others.
* You are slow and may need to increase speed to accomplish goals in a timely manner.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Relationship Compatibility- yours with others

Your Personality	Others Personality	Combined Result
		Both will be highly sociable and hence they can get along well with each other. To avoid conflict, "OWL" can accommodate "Dove" while taking any decision and "Dove" can accept any changes which are made by "OWL".
		Both would be people oriented hence they will enjoy working together. Both will share their ideas with one another hence there will not be any communication gap between them. Both tend to have effective relationships because both are of outgoing nature, but conflicts will occur when if there is any instability in "Peacock's" plan. "Dove" will give up things easily to "Peacock".
		There are chances of conflict because both are of completely different and opposite behaviors. For example "Eagle" will like challenges but "Dove" tend to be slow in his activity. "Eagle" would be goal oriented but "Dove" will be people oriented. To avoid conflict, one should adjust with each other but both cannot expect a good relationship with each other.
		You both would be highly people oriented. You two will get along well with each other. But you both tend to be very slow when at work. Both would like to do routine things. Both would like to communicate with each other because both are team players. Both would be easily influenced by environment.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Learning / Communication Style

### Cognitive Learner

- Autonomous, very strong-willed, independent, likes to lead others.
- Tend to analyze, classify, test, apply & research.
- Enjoy debate and research and get into explaining the Theory of a matter. Need to be convinced by solid evidence.
- Have the courage to pursue goals, keep promises and pursue Fairness and justice.
- Concerned about self-image, enjoy winning, lack in-depth communication.
- Due to education method and environmental influence after birth, goal-oriented people can be divided into two types namely :-

  - (1) Goal –oriented (Entrepreneur Type) and
  - (2) Goal –oriented (Research Type)

- Unable to adapt in an environment of high stress.

Whorl type



0.00%



### Recommendations for Self-improvement

- To be more caring, more encouraging, put oneself in each other's shoes so that others feel appreciated.
- Try to get involved in community activities, make new friends and keep in touch with them.
- Strengthen interpersonal communication skill such as listening skills and the ability to resolve disputes.
- Pay more attention to the merits of others, have less negative view.
- Avoid setting own standards and benchmarks and expect other people to achieve such standards.

Suitable work type: - With specific objectives, work with highly competitive nature, sales and marketing oriented, research and development-based work.

Example :- Entrepreneur, CEO, Marketing or Sales Management, Self-employed person, Program Planner, Arbitrator etc.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Affective Learner

- Emphasize on feeling, empathetic, highly adaptable and good at imitation.
- Enjoy group activities and tend to listen to others opinions.
- Though easily engrossed in work, however most of their behavior and learning is easily affected by own emotions or people and situations around them.
- Set their standards based upon emotions or impressions.
- Not dominant, comply with the rules of the game and go with the flow.
- Enjoys being at ease and dislike being restricted.
- Easy going way of life, lack of driving force, weak control of goals.
- Resent working hard alone for a long period.

### Ulnar Loop



80.00%



## Recommendations for Self-improvement

- Learn to be dominant and control the work flow; have macro thinking and clearly demand the outcomes from self and others.
- Take part in various community activities and take the initiative to be the leader.
- Participate in decision-making and goal-setting courses.
- Refer to autobiographies of successful people. Read books on time management and how to increase efficiency.
- Try and record emotions and thinking in various situations from time to time, speak encouraging and self-affirming words.
- Learn how to rightfully reject others if necessary.

**Suitable work type :-** Team-based, work which is less competitive in nature

**Example :-** Public Relation officer, Counsellor, Therapist, Psychologist, Social Worker, Evangelist, Tour guide or Tour leader, Spiritual mentor, Human resource or Administrative management, Activity convener, Host for shows and meeting etc.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Reverse Learner

-Have different thinking styles, with unique imagination, Good at Thinking of different angles to a situation.

-Curious and inquisitive, likes being argumentative and thinks differently; Independently and not restricted by traditions.

-Self-interest oriented. Enjoy questioning, which may often appear as rebellious or different from others.

-Dislike routine job or work with predetermined answers and too many instructions.

-Have good reasoning skills, insight and ability to express. They like to compare and contrast for differences and similarities.

Able to make decisions or choice in a short period of time.

### Radial Loop



**10.00%**



## Recommendations for Self-improvement

-Embrace a more in-depth and comprehensive way to explore issues rather than relying solely on intuition and gut feeling to find solutions.

-Constantly set short, medium and long-term goals and work towards the goals.

-Need to understand that not everyone has good creativity and adaptability. Should put themselves in others shoes.

-Create a self-reward approach to increase driving force.

-Create new values to energizes own self.

-Emphasis on minor details and how to organize trivial matters.

Suitable work type: - Artistic creative work; Work with least instructions.

Example :- Artist, Animator, Advertising, Designer, Author, Scriptwriter, Inventor, handicraft producer, Fashion designer, interior designer, Musician, Photographer, Director etc.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Reflective Learner

-Simple and like to do familiar work, down-to-earth.

-Dislike theories, abstract concepts, over-complicated instruction and matter that serve no practical use.

-Communicate with a clear goal, such as asking : “ what do you want ”, “ how to do ”, “ when to complete ”

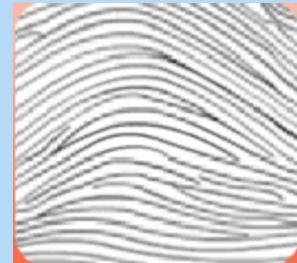
-Usually more conservative and have difficulty to express own views, realistic, requires immediate feedbacks.

-Easily molded during adolescence, but lack self-study capability.

-Able to do routine and trivial work. Due to education method and environmental influence after birth, task-oriented people can be divided into two types, namely :

- (1) Task-oriented(Operational type) and
- (2) Task-oriented (Routine type)

### Arch type



**10.00%**



## Recommendations for Self-improvement

-Increase personal experience and hands-on opportunities to improve the working ability -Read more in order to feed the sponge-like desire for knowledge.

- (a) Do not refuse to do work because it is trivial.
- (b) Do not be defeated by failure.
- (c) Set targets and train own self to be persistent and efficient.
- (d) Reduce the tendency to retreat.
- (e) Do not make excuses to give up.

-Find own strengths, place emphasis on the in-depth learning of skills or content, in order to become professional in that area. -Encourage own self to learn seriously during adolescence. Do more learning when older. Take the initiative or be advised to change career paths or work in areas of interest. Other people will be awed by your accumulative knowledge and wisdom and you are able to adapt to new environments easily.

Suitable work type: Administrative work, operation work

Example:-Engineer, Accountant, Nursing staff, Physician, Model, Speed typist, Secretary, Personal assistant.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## VAK Learning Styles

What's My Learning Style ?			
VISUAL	AUDITORY	KINESTHETIC	
 23.33%	 45.93%	 30.74%	
I prefer to see information written on a chalkboard, supplemented by visual aids and assigned readings.  I like to write things down or take notes for visual review.	I can remember best by listening to a lecture that includes information, explanation & discussion.  I require verbal explanation of diagrams, graphs or visual directions.	I prefer to use posters, models or actual practice and do other activities in class.  I enjoy working with my hands or making things.	
I am skillful with graphs and charts and enjoy developing & making them.	I can tell which sounds match when presented with pairs of sounds.	I remember best by writing things down several times.	
I can easily understand and follow directions on maps.	I do best in academic subject by listening to lectures and tapes.	I play with coins or keys in my pockets.	
I can understand a news article better by reading about it in the newspaper than by listening to a report about it on the radio.	I learn to spell better by repeating words out loud, than by writing the words on paper.	I chew gum, munch snack while studying.	
I think the best way to remember something is to picture it in my head.	I would rather listen to a good lecture or speech, than read about the same material in a textbook.	I learn the spelling of words by 'finger spelling' them.	
Visual learners	Auditory learners	Kinesthetic learners	
→ Use white space in hand-outs for notes and pictures. → Use visuals (e.g., graphs, posters, maps, charts, graphics, organizers). → Use highlighters/coloured pens.	→ Respond to oral questions. → Pose questions to classmates. → Participate in auditory activities. (e.g., brainstorms) → Listen to audio tapes. → Record lectures & listen to them.	→ Do activities that involve movements and touch. → Write key ideas on larger written surfaces. → Walk & Read. → Underline important points.	



@SurekhaBhosaleCoach



surekhahbhosale

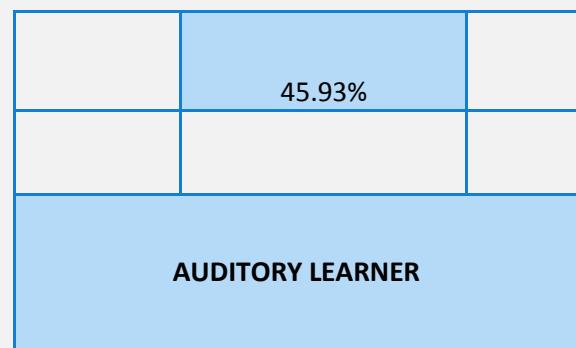
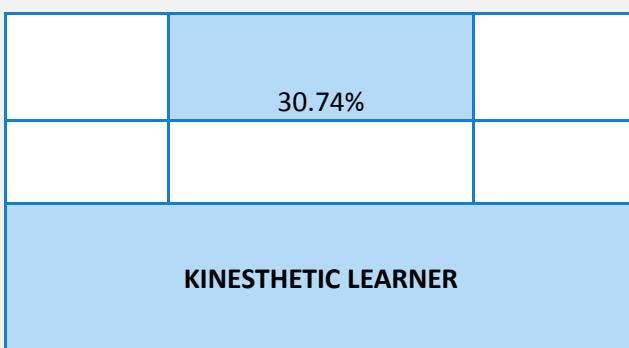
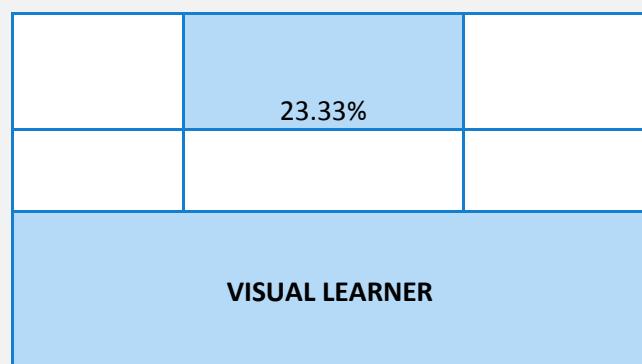
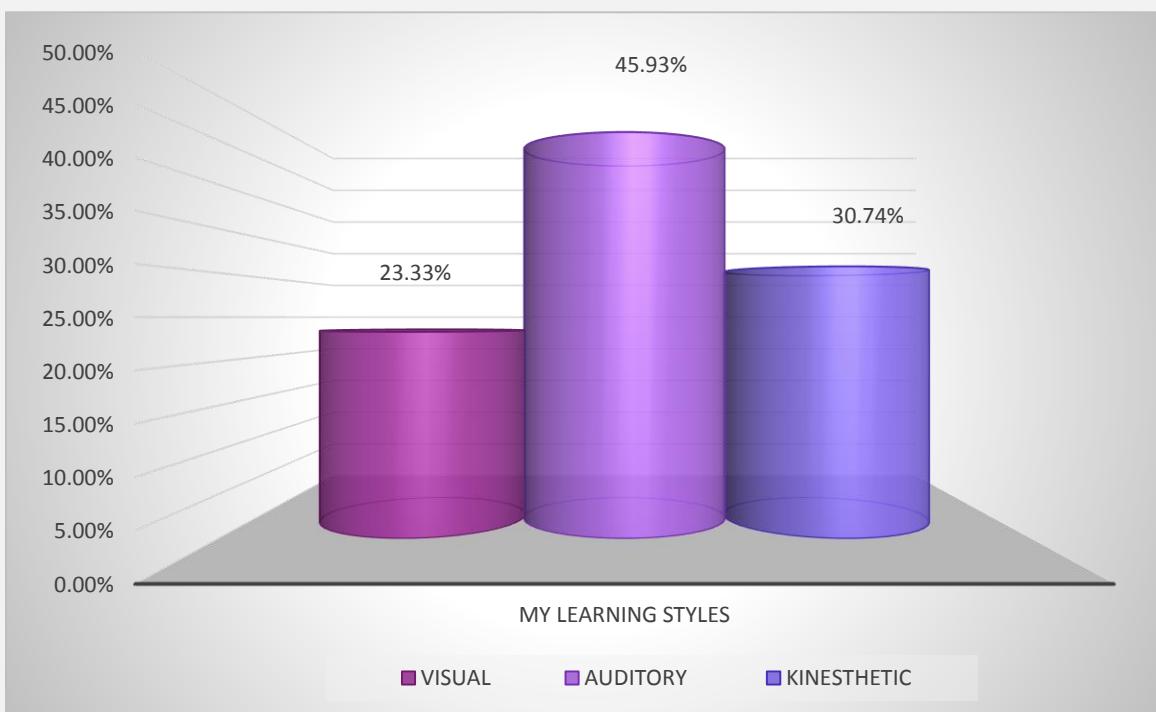


Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Learning Style

### VISUAL



**23.33%**

Visual Learners prefer using images, pictures, colors and maps to organize information and communicate with others.

You can easily visualize objects, plans and outcomes in your mind's eye. You also have a good spatial sense, which gives you a good sense of direction. You can easily find your way around using maps and you rarely get lost. When you walk out of an elevator you instinctively know which way to turn.

The whiteboard is the best friend (or would be if you had access to one). You love drawing, scribbling and doodling, especially with colors. You typically have a good dressing sense and color balance (although not always!).

## CHARACTERISTICS

**You may tend to use phrases like these:**

"Let's look at it differently."

"See how this works for you."

"I can't quite picture it."

"Let's draw a diagram or map."

"I'd like to get a different perspective."

"I never forget a face."

## Learning Techniques:

- Use images, pictures, colors and other visual media to help you learn.
- Incorporate much imaginary into your visualizations.
- You may find that visualization comes easily to you. This also means that you may have to make your visualizations stand out more. This makes sure, new material is obviously among all the other visual images you have been floating around inside your head.
- Use colors, layouts and spatial organizations in your associations and use many 'visual words' in your assertion.
- Examples include Pictures, Perspectives, Visuals and Maps.
- Use mind map. Use colors and pictures in place of text, wherever possible.
- If you don't use the computer, make sure you have at least four different color pens.
- System diagram can help you visualize the links between parts of a system. For example, major engine parts or the principle of sailing in equilibrium.
- Replace words with pictures and use colors to highlight major and minor links.
- The visual journey or story techniques help you to memorize content that isn't easy to 'see'. The visual story approach for memorizing procedures is a good example of this.
- Peg words and events come easily to you. However, you need to spend some time learning at least first ten peg words. Afterwards, your ability to visualize helps you peg content quickly.
- The swish technique of changing behaviors also works well for you, as it relies on visualization.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Learning Style

### AUDITORY



**45.93%**

Auditory Learners like to learn through talks, sound and music.

Learning by listening and discussing comes easily to you. You are a verbal and listening learner. You have a good sense of pitch and rhythm. Certain music invokes strong emotions. Typically a theme or jingle pops into your head without prompting and relate it to current scenario.

Learning by reading aloud, listening & discussing comes easily.

## CHARACTERISTICS

### You may tend to use phrases like these:

- |                                     |                            |                                      |
|-------------------------------------|----------------------------|--------------------------------------|
| “That sounds about right.”          | “Clear as a bell.”         | “I can hear you, but I don’t agree.” |
| “That rings a bell.”                | “That’s music to my ears.” | “Let me spell it out for you.”       |
| “It’s coming through loud & clear.” | “Tell me word by word.”    | “In other words.”                    |
| “Tune in to what I’m saying.”       | “Let us talk later.”       |                                      |

### Learning Techniques:

- Use sound, rhyme and music in your learning.
- Focus on using aural content in your association and visualization.
- Use sound recordings to provide a background and help you to get into visualizations.
- When creating mnemonics or acoustics, make the most of rhythm and rhyme or set them to a jingle or part of a song. Use the same system to memorize stuff.
- Use the anchoring technique to recall various states that music invokes in you. If you have some particular music or song that makes you want to ‘take on the world’, play it back and anchor your emotion and state. When you need the boost, you can easily recall the state without needing the music.
- You are an auditory learner. So, try the techniques that involve speaking and writing.
- Find ways to incorporate more speaking and writing when learning. E.g. talk yourself through procedures in the simulator or use recording of your contents for repetition.
- Make the most of the word-based techniques such as assertions and scripting.
- Use rhyme and rhythm in your assertion where you can and be sure to read important ones aloud.
- Set some key points to familiar song, jingle or theme.
- Mnemonics are your friends for recalling lists of information.
- Focusing on the first letter of the word to make up another word or memorable sequence.
- You can also makeup phrases using the items you want to memorize.
- Scripting is also powerful for you. You don’t just have to write them down. Record your script using a tape or digital audio recorder (such as an MP3 player) and use it later for reviews.
- When you read content aloud, make it dramatic and varied. Instead of using a monotonous voice to go over a procedure, turn it into a lively energetic speech worthy of the theatre. Not only does this help you to recall, you get to practice your dramatic presentation.
- Try working with others and using role-playing to learn verbal exchanges such as negotiations, sales or telephone conversations.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Learning Style

### KINESTHETIC



**30.74%**

In this learning style, it's likely that you use your body and sense of touch to learn about the world around you.

It's likely you like sports, exercise and other physical activities such as gardening, wood-working, etc. You like to think out issues, ideas and problems while you exercise/move/walk. You would rather go for a run or a walk to connect with physical world around you. You notice and appreciate textures, e.g. clothes, furniture, etc. You like 'getting your hands dirty' or making models or working out jig-saw.

You typically use hand gestures and other body language to communicate. You probably don't mind getting up and dancing when the time is right. You either love the physical action of theme park rides or they upset your inner body sense too much, so you avoid them altogether. When you are learning a new skill or topic you would prefer to 'jump in' and do physical activities related to it. You would prefer to pull an engine apart and put it back together, rather than sitting in lecture listening to someone else talk, as you find it repulsive. In those circumstances, you fidget or can't sit still for long. You want to get up and move around.

### CHARACTERISTICS

#### You may tend to use phrases like these:

- |                               |                                   |                                  |
|-------------------------------|-----------------------------------|----------------------------------|
| "That feels right to me."     | "Get in touch with."              | "I follow your drift."           |
| "I can't get a grip on this." | "That doesn't sit right with me." | "I have a gut feeling about it." |
| "Stay in touch."              | "My gut is telling me."           |                                  |

#### Learning Techniques:

- Use touch, action, movement and hands-on work in your learning activities.
- For visualization, focus on the sensations you would expect in each scenario. E.g. If you are visualizing a tack (turn) on a sailboat, focus on physical sensation. Feel the pressure against your hand as you turn the rudder and the tension lessening on the ropes. Feel the wind change to the other side, feel the thud as the sail swaps with the wind and feel the boat speed up.
- For assertions and scripting, describe the physical feelings of your actions. E.g. a pilot might script as follows: "I feel the friction as I push the throttle forward to start my takeoff run. The controls start to feel more responsive as I check the airspeed, oil pressure and temperature. At takeoff speed, I pull back slightly and feel the vibrations of the wheels stop as the plane leaves the ground. After a few moments, I reach down and set the gear selector to up. I feel the satisfying bump as the gear goes fully up."
- Use physical objects as much as possible.
- Physically touch objects as you learn about what they do.
- Flash cards can help you memorize information because you can touch and move them around.
- Keep in mind as well that writing and drawing diagrams are physical activities, so don't neglect these techniques. Perhaps use big sheets of paper and large color marker for your diagrams. You then get more actions from the drawing.
- Use breathing and relaxation to focus on your physical state while you learn and perform. Focus on staying calm, centered, relaxed and aware.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

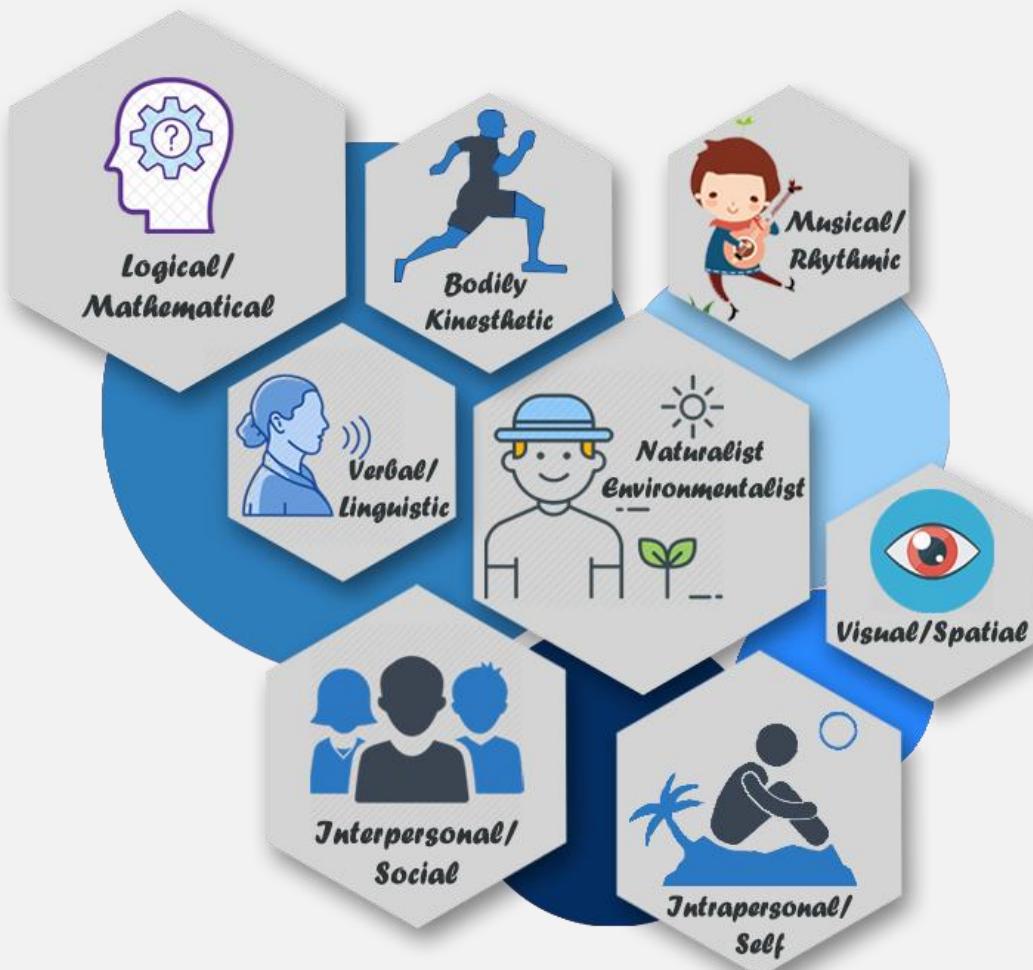
Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Multiple Intelligences



Dr. Howard Gardner

DR. Howard Gardner, a renowned scientist, psychologist & educationist, was the Hobbs Professor of Cognition and Education at the Howard Graduate School of Education and Senior Director of Harvard Project Zero. Among numerous honors, Gardner received a Mac Arthur Prize Fellowship in 1981. He has received honorary degrees from twenty-two colleges and universities. In 2005 he was selected by foreign policy and prospect magazines as one of 100 most influential public intellectuals in the world. The author of over twenty books translated into twenty-seven languages, and several hundred articles, Gardner is best known in educational circles for his "Theory of Multiple intelligence" proposed in 1983, which has been widely accepted by science all over the world. And today there are many schools across the worlds which are running on the education pattern of "Theory of Multiple Intelligence". He has also written extensively on creativity, leadership, and professional ethics.



@SurekhaBhosaleCoach



surekhahbhosale



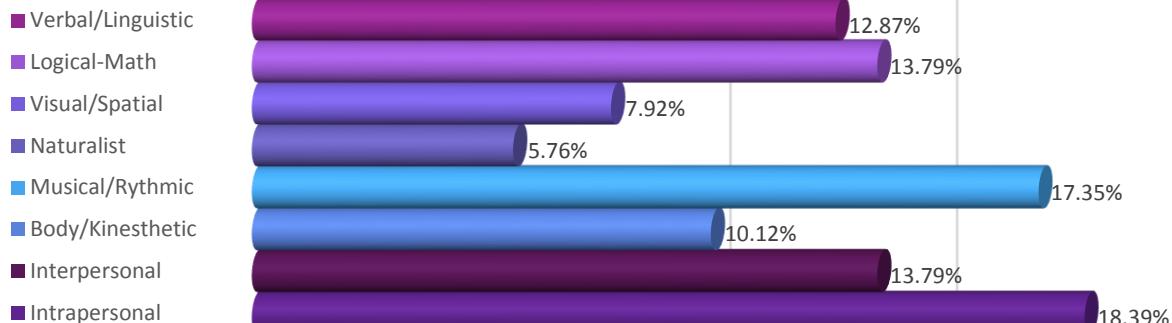
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

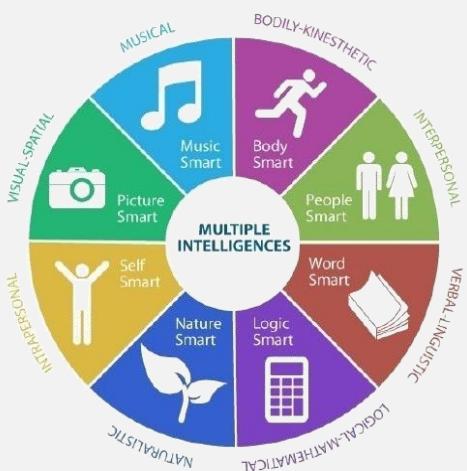
| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Multiple Intelligences



	Multiple Intelligences	%
1	Verbal Linguistic ("Word Smart")	<b>12.87%</b>
2	Logical/Mathematical("Number/Reasoning Smart")	<b>13.79%</b>
3	Visual/Spatial("Picture Smart")	<b>7.92%</b>
4	Naturalist("Nature Smart")	<b>5.76%</b>
5	Music/Rhythmic("Music Smart")	<b>17.35%</b>
6	Bodily/Kinesthetic("Body Smart")	<b>10.12%</b>
7	Interpersonal("People Smart")	<b>13.79%</b>
8	Intrapersonal("Self Smart")	<b>18.39%</b>



%	Status
>13%	High Dominant
<12.99% - 11%	Dominant
<10.99% - 9%	Average Dominant
<8.99%	Less Dominant

Arch Pattern will not reflect on % because it has ultra Plasticity potential. Therefore, the average will show lower if you have arch type.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Verbal / Linguistic Intelligence

Rank :- 5



Verbal / Linguistic Intelligence allows individuals to communicate and make sense of the world through language.

Those who have a keen sensitivity to language in its spoken and/or written forms might demonstrate this strength as poets, writers, lawyers, public speakers, etc. Linguistic intelligence is highly valued and rewarded in schools, since the beginning of the modern education system.

<b>Percentage</b>	12.87%
<b>Skills Involved</b>	Writing, Reading, Memorizing Dates, Thinking in Words, Telling Stories, etc.
<b>Preferences</b>	Write, Read, Tell Stories, Talk, Memorize, Work at Solving Puzzles, etc.
<b>Learns Through</b>	Hearing & Seeing Words, Speaking, Reading, Writing, Discussing, Debating, etc.
<b>Needs</b>	Books, Tapes, Papers, Diaries, Writing Tools, Dialogue, Discussion, Debates, Stories, etc.

### Careers Appropriate for Using the Strength of Verbal / Linguistic Intelligence:

Poets, Public Speakers, Journalists, Writers (authors, advertisement designers, script-writers & speech-writers), Language Teachers, Speech Therapists, Lawyers, Secretaries, Editors, Proof Readers, Comedians, Professional Debaters, Archivists, Translators and TV & Radio News Readers, Commentators, etc.

### Examples of Characters:

Anthony Robbins,

Haruki Murakami,

J.K. Rowling,

Oprah Winfrey.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Integrating Technology and Activity in Development of Verbal / Linguistic Intelligence:

### Technology:

Use of word processing programs can help teach language, writing, editing and rewriting skills. Internet is an important tool in learning: Wikipedia, Google, Email, Applications, etc. Word Processors with voice annotation, Desktop Publishing Programs, Publisher Multimedia Presentation Tools, Power Point, Programs that allow you to create stories, poems, essays, etc.

### Activity :

1. Learn one or more Foreign Language/s.
2. Communicate with Global citizens via Internet, Video Conferencing, etc.
3. Play word games (e.g. Anagrams, Crosswords, Scrabble, etc.).
4. Join a book club.
5. Attend Writers Conferences or a Class or Workshop on Writing
6. Attend Book Signings or Other Events Featuring Eminent Writers.
7. Record yourself speaking into a tape recorder and Listen to the play back
8. Go regularly to the library and/or book stores.
9. Subscribe to high-quality reads (e.g. Readers Digest, TIME magazine, etc.) and / or to literary magazines and read them regularly.
10. Join a Speakers' Club (e.g. Toastmasters International) or prepare an informal ten minute talk for an educational or a community event.
11. Participate in Competitive Exams and Olympiads.
12. Participate in Debates, Group Discussions, Elocution and Recitation Competitions.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Logical / Mathematical Intelligence

**Rank :- 3**



Logical / Mathematical Intelligence enables individual to use, appreciate and analyze abstract, scientific and mathematical relationships.

This capacity is often harnessed in mathematical reasoning and scientific investigations. Mathematicians, Scientists and Engineers deploy this intelligence at high levels.

Logical-mathematical intelligence is emphasized on and rewarded in schools in current modern industrial and computer era.

<b>Percentage</b>	13.79%
<b>Skills Involved</b>	Math, Logic, Problem-Solving, Reasoning, Patterns, etc.
<b>Preferences</b>	Write, Read, Memorize, Solving Puzzles, Calculations, Analytical Tools, etc.
<b>Learns Through</b>	Working with Numbers, Patterns, Graphs & Abstracts. Classifying, Categorizing, etc.
<b>Needs</b>	Things to Think About & Explore, Science Materials, Trips to the Planetarium and Science Museum, Calculations, etc.

### Careers Appropriate for Using the Strength of Logical / Mathematical Intelligence:

Engineers, Computer Programmers, Computer Technicians, Underwriters, Accountants, Bankers, Statisticians, Data Analysts, Stock Brokers, Auditors, Purchasing Managers, Professional Debaters, Math & Science Teacher, Attorneys, Scientific Researchers, Medical Professionals, Logicians, Actuary Professionals, Mathematicians, Chess Players, etc. .

### Examples of Characters:

Bill Gates,  
Albert Einstein,  
Isaac Newton,  
Stephen Hawkins,  
V. Anand,  
APJ Abdul Kalam.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Integrating Technology and Activity in Development of Logical / Mathematical Intelligence:

### Technology:

Computer programs that teach logic and critical thinking skills. Math programs that allow drilling and practicing. Database programs that help explore and organize data and information. Wolfram Alpha, Programming Language, Strategy Games, Graphing Calculators, Multimedia Authoring Programs, Spreadsheets Programs, Lego Robotics, Science Software,

### Activity :

1. Play logical / mathematical games with friends or family.
2. Join MENSA, the international high-IQ society.
3. Work on logic puzzles/brain teasers.
4. Keep a calculator handy for figuring out math problems you confront in the course of daily life.
5. Learn a computer language such as Visual Basic, C++ & JAVA.
6. Buy a chemistry set or other science kit and carry out some of the experiments described in it.
7. Have family discussion about math or science concepts in the news.
8. Take a course in basic/advanced science or math at a local institute.
9. Buy a self-study guide and work on your own.
10. Practice calculating simple math problems in your head.
11. Read the business section of your daily newspaper and lookup unfamiliar economic or financial concepts.
12. Read about math and/or science discoveries.
13. Visit a science museum, planetarium, aquarium, science center, etc.
14. Read Science / Math Reference Books and Magazines.
15. Participate in Competitive Exams and Olympiads.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Visual / Spatial Intelligence

**Rank :- 7**



Visual / Spatial Intelligence is the ability to deal with space and distance.

The way a sailor or airplane pilot navigates the large spatial world. This ability is used by chess players, sculptors, architects, designers, painters, artists, etc.

<b>Percentage</b>	7.92%
<b>Skills Involved</b>	Maps, Reading Charts, Drawing, Mazes, Puzzles, Imagining Things, Visualizations, etc.
<b>Preferences</b>	Draw, Build, Design, Create, Daydream, Look at Pictures, etc.
<b>Learns Through</b>	Working with Pictures and Colors, Visualizing using the Mind's Eye, Drawing, Painting, Sketching, etc.
<b>Needs</b>	LEGO, Videos, Movies, Slides, Art, Imagination, Games, Mazes, Puzzles, Illustrated Books, Trips to Art Museums, etc.

### Careers Appropriate for Using the Strength of Visual / Spatial Intelligence:

Animators, Interior Designers, Graphic Designers, Artists, Cartographers, Photographers, Architects, Airline Pilots, Surgeons, Painters, Sculptors, Chefs (with their food presentations), Embroiders, Landscapers, Theater Set Designers, Cinematographers, Book Illustrators, Tour Guides, Jewellery & Fashion Designers, Sportsmen, Chess Players, etc.

### Examples of Characters:

Picasso,  
Frank Lloyd Wright,  
Leonardo,  
V. Anand,  
M.F.Hussein.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

## Integrating Technology and Activity in Development of Visual / Spatial Intelligence:

### Technology:

Graphics programs that help develop creativity and visual skills. Drawing Programs (Adobe Illustrator, Coral Draw), Image Composing Programs, Paint programs (Microsoft Paint, Adobe Light box), Movie Maker, Reading Programs with Visual Clues, Video Editing (Adobe-Premier), etc. Other Tools: Digital Camera, DSLR Camera , Telescopes, etc.

### Activity :

1. Work on jig-saw puzzles, Rubic Cube, mazes or other visual puzzles.
2. Purchase a graphics software program and create designs, drawings and images on the computer.
3. Learn photography and use a camera to record your visual impressions.
4. Purchase camcorder and create video presentations.
5. Watch films and television shows with attention to the use of light, camera movement, color and other cinematic elements.
6. Redecorate the interior of your house or landscape the exterior.
7. Create a picture library of favorite images from magazines and newspapers.
8. Learn orienteering skills for hiking in nature.
9. Study geometry.
10. Take a class in drawing, sculpting, painting, photography, video graphic design or some other visual art at a local institute.
11. Learn an ideographically-based language such as Chinese.
12. Make three-dimensional models of ideas you have for inventions or other projects.
13. Learn how to use and interpret flowcharts, decision trees, diagrams and other forms of visual representation.
14. Participate in Competitions of Drawing, Craft, Photography, Designing, Sculpting, etc .



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Naturalist Intelligence

**Rank :- 8**



Naturalist Intelligence is the ability to discriminate among living things (Various plants & animals).

This ability was clearly of value in our evolutionary past as hunters, gardeners and farmers. It continues to be central in such roles as botanist, environmentalist, farmers, etc. Love for Nature is something which takes you to stress-free living.

<b>Percentage</b>	5.76%
<b>Skills Involved</b>	Understanding Nature, Making & Noticing, Distinctions, Identifying Flora and Fauna, etc.
<b>Preferences</b>	Be involved with Nature, Mark Distinctions, etc.
<b>Learns Through</b>	Working in Nature, Exploring Living Things, Learning About plants and Natural Events, etc.
<b>Needs</b>	Order, Same/Different, Connections to Real Life and Science Issues, Patterns in Nature, etc.

### Careers Appropriate for Using the Strength of Naturalist Intelligence:

Forest Rangers, Nature Guides, Animal Trainers, Zoo Keepers, Landscape Designers, Horticulturists, Botanists, Florists, Scientists Investigating the Biological and Physical Worlds, Bird Researchers, Veterinarians, Farmers, Outdoor Activities Instructors & Planners , Meteorologists, Ecologists, Conservationists and Environment Engineers, etc.

### Examples of Characters:

Charles Darwin,  
Jane Fonda,  
Jamie Oliver,  
David Suzuki



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202  
| Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |  
Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

## Integrating Technology and Activity in Development of Naturalist Intelligence:

### Technology:

Guides / Mentors need to encourage an individual to experience snow fall, gardening, hiking, sight-seeing, etc.

Any programs which allow you to understand about nature, e.g. Google Earth, etc.

### Activity:

1. Get to know the natural things in your own backyard (insects, birds, plants, etc.).
2. Investigate internet sites that have to do with nature (use a search engine and select search words such as ecology, nature, botany, birds, etc.).
3. Go through the TV (National Geographic/Animal planet/Discovery) listings for the week and record shows having to do with an aspect of Nature that you'd like to learn more about (e.g. Volcanoes, Chimpanzees, Hurricanes, etc.).
4. Choose a specific type of animal or plant (e.g. Beetles or Lilies) and learn as much as you can about it through books, the internet, interviews with experts & direct observation.
5. Take up gardening or landscaping as a hobby or if you already have a garden or Landscape, investigate some new aspects of it (e.g. Topiary, Bonsai).
6. Volunteer to take a group into the natural world to learn more about some aspects of it (e.g. Scouts, Explorers, etc.).
7. Subscribe to magazine related to nature.
8. Go on camping or backpacking trip and devote some time every day for observing nature.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

## Musical / Rhythmic Intelligence

**Rank :- 2**



Musical / Rhythmic Intelligence is the capacity to think in music.

To be able to hear patterns, recognize them and perhaps manipulate them. People who have strong musical intelligence, do remember music easily, they can easily retrieve it, and it's so omnipresent for them.

<b>Percentage</b>	<b>17.35%</b>
<b>Skills Involved</b>	Picking up Sounds, Remembering Melodies, Rhythms, Singing, etc.
<b>Preferences</b>	Sing, Play an Instrument, Listen to Music, Hum, etc.
<b>Learns Through</b>	Rhythm, Singing, Melody, Listening to Music & Melodies , Playing an instrument, etc
<b>Needs</b>	Sing-along Time, Trips to Concerts, Playing Music at Home & School, Musical Instruments, etc.

### Careers Appropriate for Using the Strength of Musical / Rhythmic Intelligence :

Professions which exhibit a high degree of musical intelligence:- Music Therapists, Advertising Professionals, Motion Picture Soundtrack Creators, Music Teachers, Piano Tuners, Music Studio Directors & Recorders, Song Writers, Music Performers, Sound Engineers, Music Copyists, Singers, Dancers, Composers, etc.

### Examples of Characters :

Mozart, Jay Chow,

Michael Jackson,

Yo-Yo Ma, Miles Davis,

Lata Mangeshkar,

Zubin Mehta.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Integrating Technology and Activity in Development of Musical / Rhythmic Intelligence

### Technology:

Programs that help to write or play music.

Music composing software, e.g. Garage-Band,

Programs integrating stories with songs & instruments.

Reading programs which relate letter/sound with music.

Programs which allow you to create your own music (Audacity), CD-ROMs about Music & Instruments, Audio CDs, MP3 players.

Music software: iTunes, Karaoke, etc.

### Activity :

1. Go to concerts or musicals.
2. Develop a collection of favorite musical recordings and listen to them regularly.
3. Join a community choir.
4. Take formal musical lessons in a specific instrument.
5. Work with a music therapist.
6. Spend one hour a week listening to an unfamiliar style of music (jazz, country, western, classical, folk, international or other genre).
7. Establish a regular family sing-along time.
8. Buy an electronic keyboard and learn simple melodies and chords.
9. Purchase percussion instruments at a toy store and play them in rhythm to create music.
10. Take a course in music appreciation or music theory at a local Institute.
11. Read music criticism in newspapers & magazines.
12. Purchase high-tech equipment (MIDI interface, Computer software) that will allow you to teach yourself music theory or to play a musical instrument on the computer.
13. Learn about specific musical training programs such as Suzuki, Kodaly, Orff-Schulewek and Dalcroze systems.
14. Participate in Singing, Music & Dancing Competitions.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Bodily / Kinesthetic Intelligence

**Rank :- 6**



Bodily / Kinesthetic Intelligence is the capacity to use your whole body or parts of your body (your hands, your fingers, your arms) to solve problems, make something or put on some kind of production.

The most evident examples are people in athletics or the performing arts, particularly dancing & acting.

<b>Percentage</b>	<b>10.12%</b>
<b>Skills Involved</b>	Athletics, Dancing, Craft, Using Tools, Acting, etc.
<b>Preferences</b>	Move Around, Touch and Talk, Body Language, etc.
<b>Learns Through</b>	Touching, Moving, Body Sensations, Processing Information by Touch/Feel, etc.
<b>Needs</b>	Role-Playing, Drama, Things to Build, Movement, Sports & Physical Games, Tactile Experience, Hands-on Learning, etc.

### Careers Appropriate for Using the Strength of Bodily / Kinesthetic Intelligence :

Professions which exhibit a high degree of kinesthetic intelligence:- Sports Men , Athletes, Physical Therapists, Models, Mechanics, Choreographers, Artists, Actors, Recreation Therapists, Directors, Crafts-persons , Inventors, Dancers, Circus-Artists, Doctors, Nurses, Exercise Instructors, Sports Coaches, Law Enforcement Personnel, Military Personnel, etc.

### Examples of Characters :

Michael Jordan,

David Beckham,

Dato' Lee Chong Wei,

Sachin Tendulkar.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Integrating Technology and Activity in Development of Body / Kinesthetic Intelligence:

### Technology:

Using computer will help develop hand-eye coordination. Working with a computer will allow you to become involved in your learning actively. Software games that allow contact with the keyboard, mouse, joystick and other devices. Nintendo Wii, Xbox 360 Game Console. Programs that allow you to move objects around the screen, etc.

### Activity :

1. Join a work-related or community sports team (softball, basketball, soccer or other group sport).
2. Take lessons in a solo sport such as swimming, skiing, golf, tennis or gymnastics.
3. Learn a martial art like aikido, judo or karate.
4. Learn craft such as woodworking, weaving, carving or crocheting.
5. Take a class at community centers in working with clay or stone.
6. Learn yoga or another system of physical relaxation and awareness.
7. Play video games that require the use of quick reflexes.
8. Take formal lessons in dance (modern, ballroom, ballet or other dance forms) or spend time engaged in free-form creative movements on your own.
9. Take up a “hands on” hobby around the home like gardening, cooking or model building.
10. Put on blindfold and have a friend lead around to explore the environment with your hands.
11. Assemble a collection of objects having different textures (silk, smooth stones, sandpaper, etc.)
12. Walk the curbs of sidewalks or balance beams to improve your sense of balance.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Interpersonal Intelligence



**Rank :- 3**

Interpersonal Intelligence is the ability to organize people and to communicate clearly what needs to be done, to use empathy to help others and to solve problems, to discriminate and interpret among different kinds of interpersonal clues and to influence and inspire others to work towards a common goal.

<b>Percentage</b>	13.79%
<b>Skills Involved</b>	Leading, Organizing, Understanding People, Communicating, Resolving Conflicts, Selling, etc.
<b>Preferences</b>	Talk to People, Have Friends, Join Groups, etc.
<b>Learns Through</b>	Comparing, Relating, Sharing, Interviewing, Co-operating, etc.
<b>Needs</b>	Friends, Group, Social Gatherings, Community Events, Clubs, Mentors, Apprenticeship, etc.

### Careers Appropriate for Using the Strength of Interpersonal Intelligence :

Professions which exhibit a high degree of interpersonal intelligence:- Teachers, Administrators, Arbitrators, Anthropologists, Organization Leaders (President & CEOs), Sociologists, Talk Show Hosts, Politicians, Public Relations or Customer Service Personnel, Sales Persons, Travel Agents, Consultants and Social Affairs Directors.

### Examples of Characters :

Martin Luther King,  
Mahatma Gandhi,  
Princess Diana,  
Mother Teresa.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Integrating Technology and Activity in Development of Interpersonal Intelligence:

### Technology:

You can work in groups of two to four on the computers. Working in groups will strengthen your communication and co-operation skills. Computer games which require two or more persons, Programs that allow you to create group presentations (Power point), Telecommunication programs, Email, Social Networking. Telecommunication software: Skype, Video Conferencing, etc.

### Activity :

1. Join a volunteer or service-oriented group (Rotary Club, Lions Club, Red Cross,etc.).
2. Take a leadership role in a group you are currently involved with at work or in your community.
3. Start your own support group.
4. Enroll in a course on interpersonal communication skill.
5. Collaborate with one or more persons on a project of mutual interest (garden, Street-play, social awareness, etc.).
6. Have regular family meetings in your home.
7. Communicate with other people on a computer network via an electronic bulletin board.
8. Organize group brainstorming sessions at your workplace.
9. Strike up conversations with people in public places (bookstores, supermarkets, airline terminals, etc.).
10. Start regular correspondence with a network of individuals around the country and world.
11. Attend family, school and work-related reunions.
12. Play non-competitive outdoor games with family and friends.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Intrapersonal Intelligence

**Rank :- 1**



Intrapersonal Intelligence is the ability to assess one's own strengths, weaknesses, talents and interests. It is an ability to use them to set goals and to understand oneself to be of service to others. To form and develop concepts/theories based on an examination of oneself and to reflect on one's inner mood, intuitions and temperament and to use them

<b>Percentage</b>	<b>18.39%</b>
<b>Skills Involved</b>	Recognizing Strengths & Weaknesses, Setting Goals, Understanding Self, etc.
<b>Preferences</b>	Work Alone, Reflect, Pursue Interests, etc.
<b>Learns Through</b>	Working Alone, Having Space, Reflecting, Doing Self-Paced Projects, etc.
<b>Needs</b>	Secret Places, Time Alone, Self-Paced Projects, Choices, etc.

to create and/or express a personal view.

### Careers Appropriate for Using the Strength of Intrapersonal Intelligence :

Professions which exhibit a high degree of intrapersonal intelligence: Therapists, Psychologists, Human Potential Researchers, Philosophers, Religious Leaders (Pastors & Priests), Social Workers, Meditation Guides, Counsellors, Organization Leaders (Presidents and CEOs), Self-Help Advisors & Trainers, Cognitive Pattern Researchers and Mental Health Professionals, Entrepreneurs, etc.

### Examples of Characters :

Sigmund Freud,  
Steve Jobs,  
Dalai Lama,  
Plato.



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Integrating Technology and Activity in Development of Intrapersonal Intelligence

### Technology:

The computer can help you build up individual skills. It allows for differences in individual learning styles and abilities. You may work at your own pace with computers. Any program which allows you to work independently. Games involving only one person, Brainstorming or Problem solving software, Instructional games, Developing multimedia portfolio, etc. Subliminal Learning CD: like Inner talk, etc.

### Activity :

1. Listen to motivational audios and videos.
2. Write your autobiography.
3. Create your own personal ritual or rite of passage.
4. Read self-help books.
5. Establish a quiet place in your home for introspection.
6. Teach yourself something new such as a skill, language or a body of knowledge in the area of interest to you.
7. Develop an interest or hobby that sets you apart from crowd.
8. Take tests designed to assess your special strengths and weaknesses in broad range of areas.
9. Set short-term and long-term goals for yourself and then follow through on them.
10. Attend seminars designed to teach you about yourself (e.g. psycho-synthesis, transitional analysis, psychodrama, gestalt work or another psychological school of thoughts).
11. Keep a daily self-esteem-enhancing behaviors (e.g. Using positive self-talk, affirming your successes).
12. Attend the house of worship of your choice regularly.
13. Do something pleasurable for yourself at least once a day.



@SurekhaBhosaleCoach



surekhahbhosale



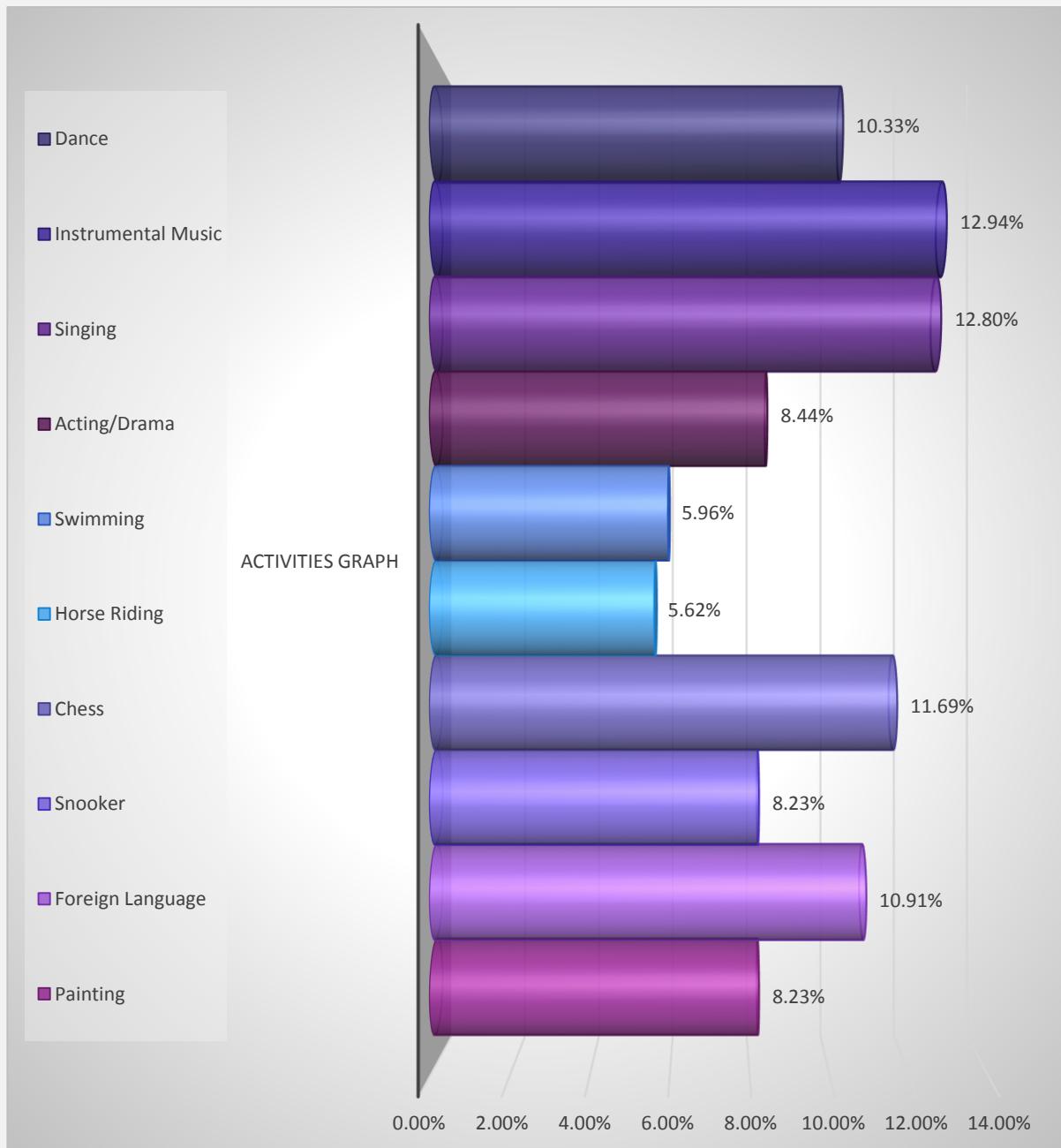
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## EXTRA-CURRICULAR ACTIVITIES GRAPH



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## CAREER OPTIONS

CAREER FIELDS	RATING	INDUSTRY	PROFESSION
ARTIST	*****	Music, ART Sound, Choreography, etc...	ARTIST, Music Teacher, Sound Engineering, Music Director, Instrument Engineering, Music Composer, etc...
AGRICULTURAL SCIENCE	**	Agronomy, Gardening, Forestry, Agro Specialist, Fishery, Natural Resource Mgmts. etc...	Agricultural Engineer, Agronomy Researcher, Forest Officer, Zoo Operator, Gardner, Nursery Owner, etc...
DESIGNING	**	Construction, Engineering, Interior Design, Fashion Design, Map Design, Town Planning, etc...	Civil Engineer, Contractor, Surveyor, Interior Designer, Fashion Designer, Architect Property Planner / Developer, etc...
ENGINEERING	**	Electronics, Electricals, Computer, Mechanical, Production, etc...	Automobile Engineer, Chemical Engineer, Electrical Engineer, Electronics Engineer, Mechanical Engineer, Computer Engineer, etc...
MEDICAL	**	Medical, Pharmacy, Public Hygiene, Food Nutrition, Medical Practitioner, Sports Nutrition, Medical Management etc	Doctor, Pharmacist, Nutritionist, Drug Officer, Surgeon, Dentist, etc...



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## CAREER OPTIONS

CAREER FIELDS	RATING	INDUSTRY	PROFESSION
WEATHER & ENVIRONMENT SCIENCE	***	Archaeology, Geology, Earth Research, Environment Research, Weather Research, etc...	Geography Professor, Geologist, Environment Researcher, Archaeologist, Soil Researcher, Weather Researcher, Rain Harvester, etc...
EDUCATION	*****	Academic, Pre-School, School Management, Counselling, etc...	School Teacher, Professor, Career Counsellor, Pre-School Owner, School Administrator, Academic Consultant, etc...
BANKING & FINANCE	*****	Banking, Actuary, Accountancy, Wealth Management, Mutual Fund, etc..	Chartered Accountant, Cost Accountant, CFP, Finance Officer, Tax Consultant, Equity Researcher, Business Analyst, Investment Banker, etc...
MASS MEDIA & COMMUNICATION	*****	Media, Language Expert, Speech Therapy, etc...	Language Teacher, Foreign Language Expert, Translator, Advtg. Pro., News Reader/Reporter, Anchor/Radio Jockey, English Speaking Course, etc



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## CAREER OPTIONS

CAREER FIELDS	RATING	INDUSTRY	PROFESSION
LITERATURE	****	Literature, History, Political Science, etc...	Language Teacher, History Teacher, Political Science Teacher, Author, Poet, etc...
MATHEMATICS & ANALYST	*****	Mathematics, Chemistry, Physics, Accounts, Economics,	Mathematician, Physicist, Chemist, Business Analyst, Accountant, Finance Officer, Actuary, CFP, Consultant, Researcher, etc..
MANAGEMENT	*****	Business Management, Information Management, Marketing Management, Hotel Management, Recreation Management, etc...	Business/Marketing Manager, HR/Finance/Sales Manager, Production Manager, Management Consultant, Businessman, Industrialist, etc...
PUBLIC & POLITICAL AFFAIRS	*****	Public Relations, Law, Politics, Social / Political Activist, etc...	Politician, MLC/MLA/MP, Lawyer, Judge, Public Relationship Officer, IAS/IPS/IFS Officer, etc...



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## CAREER OPTIONS

CAREER FIELDS	RATING	INDUSTRY	PROFESSION
PSYCHOLOGY	*****	Counsellor, Consultant, Psychologist, etc...	Counsellor, Career Guide, Psychologist, Mediator, Researcher, Parenting Specialist, etc...
FOREIGN LANGUAGES	****	Languages & Linguistic Education, etc...	English Teacher, Foreign Language Teacher, News Reader, Translator, Linguistic Researcher, Foreign Trader, IFS/IAS Officer, Foreign Affair Personnel, etc...
SPORTS	****	Sports Industry	Cricketer, Footballer, Swimmer, etc. Gym Owner, Sportsman Manager, Sports Equipment, Sports Events Manager, etc...
DEFENSE	*****	Defence Services	Army, Air Force, Police, CRPF, Navy, Ammunition Engineer, Fire Brigade Officer, etc...



@SurekhaBhosaleCoach



surekhahbhosale



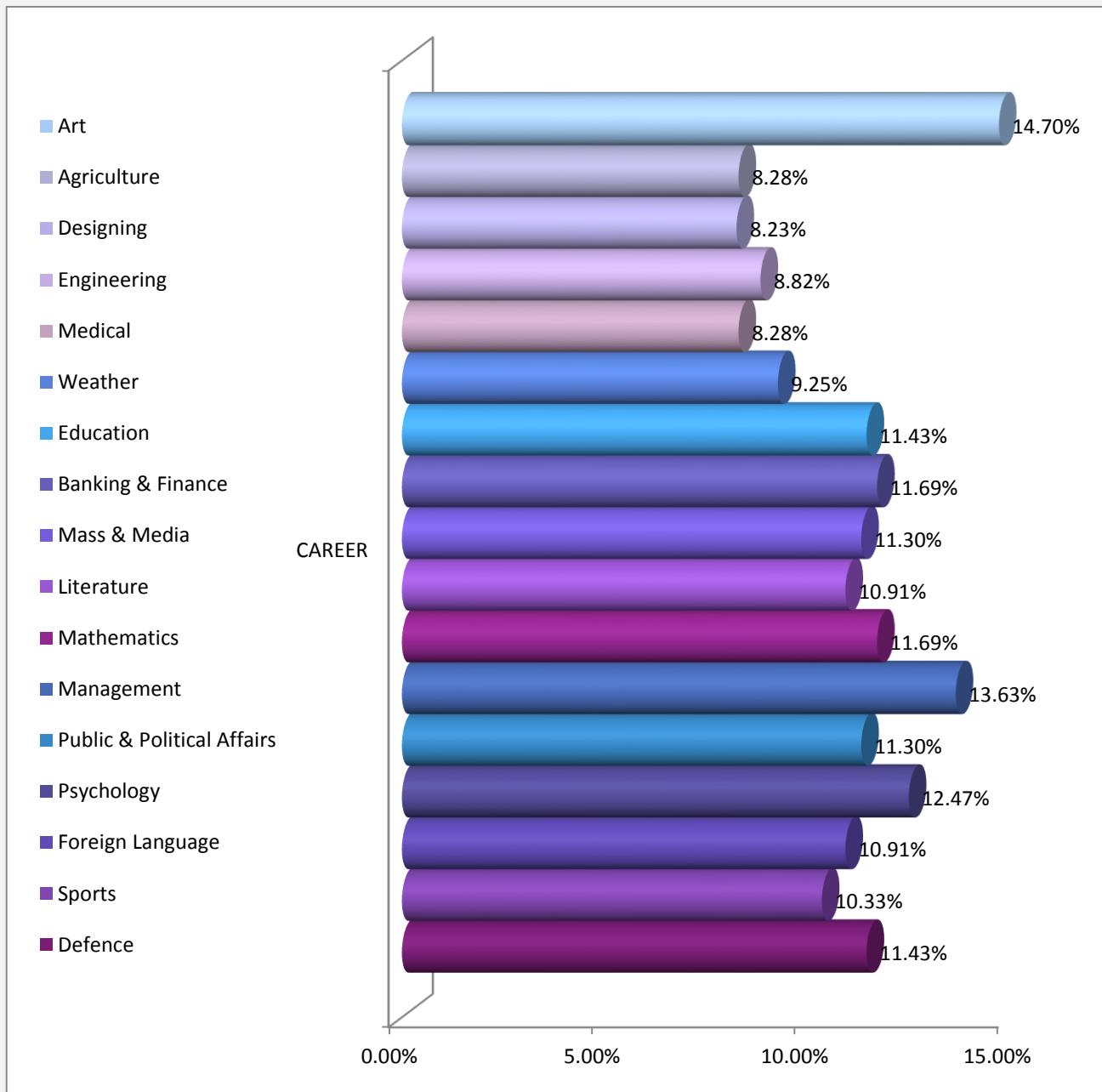
Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## CAREER GRAPH



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)

## Analysis Summary

Name:	Test		
<b>MY BRAIN DOMINANCE</b>	<b>PERCENTAGE</b>		
LEFT BRAIN	54.23%		
RIGHT BRAIN	45.77%		
<b>BRAIN LOBES</b>	<b>PERCENTAGE</b>	<b>MY LEARNING STYLE</b>	<b>PERCENTAGE</b>
PRE FRONTAL	27.27%	VISUAL AUDITORY KINESTHETIC  <b>PRIMARY PERSONALITY</b> <b>SECONDARY PERSONALITY</b> DOVE	23.33%
FRONTAL	16.97%		45.93%
PARIETAL	17.14%		30.74%
TEMPORAL	25.61%		
OCCIPITAL	13.01%		
TFRC	127.00		
<b>MULTIPLE INTELLIGENCE</b>			
<b>INTELLIGENCE</b>	<b>PERCENTAGE</b>	<b>INTELLIGENCE</b>	<b>PERCENTAGE</b>
VERBAL LINGUISTIC	12.87%	MUSICAL/RHYTHMIC BODILY KINESTHETIC INTER-PERSONAL INTRA-PERSONAL	17.35%
LOGICAL MATHEMATICAL	13.79%		10.12%
VISUAL SPATIAL	7.92%		13.79%
NATURALIST	5.76%		18.39%
<b>ANALYSIS SUMMARY</b>			
<b>MY QUOTIENTS</b>	<b>PERCENTAGE</b>	<b>MY ACQUIRING METHODS</b>	<b>PERCENTAGE</b>
EMOTIONAL QUOTIENT (EQ)	32.19%	SELF-COGNITIVE AFFECTIVE REVERSE THINKER REFLECTIVE	0.00%
INTELLIGENCE QUOTIENT (IQ)	26.67%		80.00%
ADVERSITY QUOTIENT (AQ)	15.87%		10.00%
CREATIVE QUOTIENT (CQ)	25.27%		10.00%
<b>MY SKILLS</b>			
<b>LEFT HAND</b>	<b>PERCENTAGE</b>	<b>RIGHT HAND</b>	<b>PERCENTAGE</b>
INTERPERSONAL ASPECT	11.69%	INTRA-PERSONAL ASPECT LOGICAL ABILITY / THINKING FINE MOTOR SKILLS LANGUAGE ABILITY NATURE LOVE	15.58%
IMAGINATION	5.28%		11.69%
GROSS MOTOR SKILLS	5.96%		11.18%
MUSIC & SOUND	14.70%		10.91%
VISUAL APPRECIATION	8.13%		4.88%



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

## Conclusion

We show a sincere gratitude to you for showing trust and sparing your valuable time for getting DMIT done.

This report can help an individual to do the analysis of themselves or their children - of their Strengths, Area of Improvements and Opportunities. Every individual has his/her own advantages and behavior pattern, it is brain's cognitive process which is the result of mental development. Through this report we can foresee difficulties which a child is going to face in studies or learning new things. We can help your child to excel in his/her studies by choosing the right courses as per his bent of mind and core competence, thus creating a cycle of excellence and an illustrious career.

Our intelligent assessment is being done by the use of a proven science named "DERMATOGLYPHICS". It has more than 300 years of history. With thousands of intelligent assessment done , previous studies have been completed with brain physiology, psychology, learning and behavior in children to ensure the accuracy of the analyzed reports more from scientific point of view.

Each child has unique learning style, intelligence and potential, but parents often do not understand the child's abilities. Unfortunately, because of this fact, they miss the golden period of their child's learning. This not only affects the childhood but also the entire life of learning and development.

Our intelligent assessment test will not only give you the idea about the strength, area of improvement and opportunities but will also provide suggestions to parents about how they can improve the weakness. We will guide parents about the activities to be done to ensure that their child improves in terms of learning.

Lastly, you all would agree that as a parent, we cannot make our children super humans but yes, one thing we can surely do and this is to ensure that our children are at least good with all of intelligences. So that they can stand straight against the world and face the music.

For any guidance or query, you may always get in touch with us. Once again thank you for your support and encouragement of this system.

Best Regards!

Team MY CAREER BUDDHA DMIT



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)

*Every Child Is Gifted,  
Show them all the  
beauty they possess  
inside and let them  
lead the way...*

***Unwrap It Through  
DMIT***



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhabhosale.com](mailto:mail@surekhabhosale.com)



## Counsellor's Remarks



@SurekhaBhosaleCoach



**surekhahbhosale**



Surekha Bhosale

Address: 204.207, Vardhman Shopping Center, Above Tugareshwari Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhabhosale.com](http://www.surekhabhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

[www.surekhahbosale.com](http://www.surekhahbosale.com) | Mob: +91-9823342377 / +91-81496  
Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbosale.com](mailto:mail@surekhahbosale.com)

**Sharpen your potential by sharpening your skills.  
Skills make what you want to become.**

Brought To You By  
**MyCareerBuddha**



INTELLIGENCE ANALYSIS | COUNSELLING | MENTORING

Mrs. Surekha Bhosale  
Dermatoglyphics & Multiple Intelligence Expert

To Identify and define your perfect career path with right skills

**Book your Free  
Career Skill Counselling Today**

[www.surekhabhosale.com/mycareerbuddha](http://www.surekhabhosale.com/mycareerbuddha)



## Welcome To **OUR DIGITAL ECOSYSTEM**

Counselling | Learning | Skilling | Employing | Digital Branding | Mentoring



**HRISHI**  
COMPUTER EDUCATION  
ISO 9001: 2008 CERTIFIED

**HRISHI**  
ONLINE BUDDHI

**HRISHI**  
BLOG BUDDHI



**GLOBREACH**  
Partners for powering your Online Strategy

**PROFILE CARD**  
Brand Your Identity Digitally



Counselling | Learning | Skilling | Employing | Digital Branding | Mentoring

## Feedback Form

This section helps us to evaluate how effective the experience to undergo **MY CAREER BUDDHA** Dermatoglyphics Multiple intelligence Test was and your overall feedback along with references if any are sought.

*How would you rate your **knowledge, skills and findings about you** before and after the test in the following areas (please tick the most appropriate response):*

1. The **clarity** about your own skills, strengths, weaknesses and multiple intelligences:

Before Test:	Poor : <input type="checkbox"/>	Fair : <input type="checkbox"/>	Good : <input type="checkbox"/>	Excellent : <input type="checkbox"/>
After Test:	Poor : <input type="checkbox"/>	Fair : <input type="checkbox"/>	Good : <input type="checkbox"/>	Excellent : <input type="checkbox"/>

2. Your **confidence** to work on the recommendations:

Before Test:	Poor : <input type="checkbox"/>	Fair : <input type="checkbox"/>	Good : <input type="checkbox"/>	Excellent : <input type="checkbox"/>
After Test:	Poor : <input type="checkbox"/>	Fair : <input type="checkbox"/>	Good : <input type="checkbox"/>	Excellent : <input type="checkbox"/>

3. Likeliness of you **implementing the results** of the Test:

After Test:	Poor : <input type="checkbox"/>	Fair : <input type="checkbox"/>	Good : <input type="checkbox"/>	Excellent : <input type="checkbox"/>
-------------	---------------------------------	---------------------------------	---------------------------------	--------------------------------------

4. Based on your own experience, would you recommend “**MY CAREER BUDDHA** Dermatoglyphics Multiple intelligence Test” to relatives, friends?

Recommend to Others: Yes  No  Maybe

### References

Sr. No.	Name of Reference (Parent)	Child's Name	Contact Number	Relation
1.				
2.				
3.				

### Guardians Note:


Date: / /

Signature of Parent/Test Taker

*Thank you for participating, we appreciate your feedback*



@SurekhaBhosaleCoach



surekhahbhosale



Surekha Bhosale

Address: 204,207, Vardhman Shopping Center, Above Tugareshwar Sweet Mart, Vasai- (W) - 401202

| Web: [www.surekhahbhosale.com](http://www.surekhahbhosale.com) | Mob: +91-9823542577 / +91-8149688118 |

Email: [mail@mycareerbuddha.com](mailto:mail@mycareerbuddha.com), [mail@surekhahbhosale.com](mailto:mail@surekhahbhosale.com)